



FALL/WINTER SKILL SESSIONS

Click on an ages group to see the dates and times we have available

Directed by Warren Shumate, Head Coach at Gordon College

Preschool LAX Kids Ages 4 & 5

Wednesday 3:30 pm

Introductory level of lacrosse that will teach these young kids the fundamentals of lacrosse

Boys Grades 6 & 7

Tuesday 7 pm

One hour practices designed to improve a players lacrosse IQ, confidence, and help him become a more dynamic game changer!

Boys Grades 7 & 8

Wednesday 5:30 pm

One hour practices designed to improve a players lacrosse IQ, confidence, and help him become a more dynamic game changer!

Boys Grades 9 & 10

Wednesday 6:30 pm

One hour practices designed to improve a players lacrosse IQ, confidence, and help him become a more dynamic game changer!

Boys Grades 5 & 6

Tuesday 6 pm

One hour practices designed to improve a players lacrosse IQ, confidence, and help him become a more dynamic game changer!

Boys Grades 2, 3, & 4

Friday 6 pm

One hour practices designed to improve a players lacrosse IQ, confidence, and help him become a more dynamic game changer!

For questions email: warren.shumate@gmail.com

Love the Game