

Annual Awards for HS (Boys and Girls) Division

NCJLA All-Star Team

All American

All Academic

National Tournament Team

HS Playoffs and Championship Procedures

HS playoffs and championships will be determined as listed in the NCJLA Operations Guide. Game results should be submitted to the NCJLA by clubs within 48 hours of game conclusion to ensure timely, accurate standings calculations. Teams that do not meet the scheduling post season requirements will be moved to the last seed. If there are multiple teams that do not meet the requirements, they will be ranked separately. Top 6 overall ranked teams compete in playoffs. Playoffs are single elimination format with no consolation games. Top two seeds overall will have a bye during the first playoff round. Championship game will be played the weekend after the playoffs weekend. If a team cannot attend playoffs, the next overall ranked team will be moved into that seed slot. (i.e. if seed #3 cannot attend, seed #4 will take their slot.) All lower teams will then move up in the rankings until all 6 spots are filled.

All-Star Team Procedures

Awards

The official award presentation for All-Star Team players is held at each division's playoffs (exact time to be determined and communicated by respective HS commissioner).

Nominations

After final season scores are entered, regular season final rankings are calculated and posted to the NCJLA site. The number of nominations per club is determined by final division ranking:

Seed	Total # of Nominations*
1st	5
2nd	4
3rd	3
4th	2
5 th and lower	1 per club

**Each club must also provide one alternate that is awarded only if one of the nominees becomes ineligible.*

Nominations (via email) are due to the respective HS commissioner 7 days before the close of the regular season. Commissioner contact information can be found on the NCJLA Staff and Contacts section of the homepage.

Criteria

All-Star players must represent the league with exceptional skill, leadership, sportsmanship and academic performance. The selection process is left to the coach and club (i.e. coach-selected, team-selected, or a mix) but **MUST** be based on qualities demonstrated for the nominated season **ONLY**. Coaches may nominate any player on their team that they feel is worthy of the award and meets the selection criteria. The All-Star Award is not meant to be a lifetime achievement award and as such, factors such as year in school, years with the team/club, and past achievement should **NOT** be considerations. **As these guidelines still allow for great flexibility, Coaches should articulate their All-Star criteria and selection guidelines to their players as soon as reasonably possible.**

Players will be asked to verify that they are passing all classes and have a GPA of 2.0 or higher. Coaches will be asked to submit an unofficial transcript or report card for all nominations to the GHS commissioner. This information is kept confidential. Alternatively, this can be submitted to someone designated a club agent. (This can be the club president, girls' director, team manager, coach, etc.)

Players who have received a negative SIR (Sportsmanship Incident Report) or a red card during the season in which they are nominated are ineligible. For special situations regarding being disqualified for nomination please email a request for records review to execdirector@ncjla.org.

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Some coaches have asked for more concrete and detailed criteria and these are listed below.

An NCJLA All-Star is a player who meets these criteria:

- ◆ Has a GPA of 2.0 or higher that can be verified (unofficial transcript/report card)
- ◆ Has not been ejected from a game or received a red card or SIR for the current season
- ◆ Made consistent effort to attend all practices and worked hard during them
- ◆ Made consistent effort to attend all games and do his/her best during them
- ◆ Listened to the coaches during practice, did not talk while the coach was speaking, and put forth his/her best effort to learn and apply the skills involved
- ◆ Showed good sportsmanship during all games and practices, did not use foul language or talk back to the umpires or coaches, and encouraged teammates
- ◆ Can be relied on during games to always put forth his/her best effort for the team, even

when the going gets tough

- ◆ Is a teammate whose absence during a game would be felt by the entire team
- ◆ Embodies the spirit of lacrosse, honors the game, and plays it with passion.

as well as subset of these:

- ◆ Practiced on his/her own, which was made evident by increasing skill during the season
- ◆ Demonstrated a mastery of skills which was apparent during games (such as goals scored, goals prevented, goals assisted, good use of both hands on the stick, knowledge of offensive and defensive positioning, good ground ball pick-ups, throws and catches consistently well, cuts to the ball aggressively, etc.)
- ◆ Is working hard towards becoming a “complete” lacrosse player by learning all positions, doing well wherever he/she is placed on the field both offensively and defensively, and does not complain when the coach places him/her in their “least favorite” position
- ◆ Received a Positive Sportsmanship Incidence Report from the NCJLA Executive Board

All American and All Academic Awards

Please see the US Lacrosse website for details and contact information.

National Tournament Team Selection (Girls only)

The NorCal region participates in the US Lacrosse Women’s Division National Tournament held annually on the East Coast every Memorial Day weekend. All players with a US Lacrosse membership, and head coach with a US Lacrosse membership are eligible to try out. NCJLA GHS players who qualify for participation are encouraged to try out and represent our NorCal region. Please visit the US Lacrosse website for more details and contact information.