

Northern California Junior Lacrosse Association

Meeting Minutes

October 19, 2011

Call to order

Don Aiello called to order the regular meeting of the Northern California Junior Lacrosse Association (NCJLA) at 7:01pm on **October 19, 2011** in **Oakland, CA**.

Roll call

Jin Peavey conducted a roll call. The following persons were present: Don Aiello, Alex Pouteau, Mike Lateef, Ben Sparks, Joseph O'Brien, Tim Allen, Steve Walker, Avery Blake, Mickey Parmelee, David Houseworth, Nora Mitchell

NOT Present at roll call: Wes Koenig (joined in at 7:06 pm), Phil Connolly (joined in at 7:10 pm)

Approval of minutes from last meeting

Motion was made and unanimously approved for both the September 7, 2011 and September 24, 2011 minutes.

1. Alan D. De Mars, Athletic Director of Sonoma Country Day School (SCDS) emailed Nora Mitchell, Executive Director of the NCJLA on September 27, 2011, SCDS will withdraw from the NCJLA effective immediately.
2. Tina Tunney, Administrator for the Junior Tigers emailed notice they have changed the club's name to the Wildcats Junior Lacrosse Club effective for the 2012 season.
3. What is the criterion that triggers a "red" light from NCSI for coaches back ground checks?

Criteria:

Any US Lacrosse member who chooses to have a USL recognized background screening conducted by the National Center for Safety Initiatives (NCSI) for purposes of USL coaching certification, USL special event chaperoning/coaching and/or for any other purpose on the national level will be screened under the following criteria:

Convictions, disclosures of convictions, and pending dispositions for any of the following crimes will prompt a determination that I do not meet the background screening criteria and a red light determination will be issued by NCSI:

R1: Any felony (any crime punishable by confinement greater than one year)

a. Defined on the basis of exposure for the offense for which the defendant was convicted, pled guilty or pled nolo contendere. If pled down, then the crime to which the defendant ultimately pled.

b. Defined as all crimes punishable by greater than one year in jail or prior, regardless of how characterized by jurisdiction. If range, alternate sentencing, or indeterminate sentencing, outer range > one year.

R2: Any lesser crime involving force or threat of force against a person

R3: Any lesser crime in which sexual relations is an element, including "victimless" crimes of a sexual nature (including pornography)

R4: Any lesser crime involving controlled substances (not paraphernalia or alcohol)

R5: Any lesser crime involving cruelty to animals

The NCJLA board unanimously approved the adoption and application of the US Lacrosse background

screening criteria (shown above).

If a coach is found not to have passed a back ground check, the club will be put on probation and the coach will not be allowed to coach.

NCJLA will inform clubs of this policy. An appeal process will be discussed at the next board meeting.

4. Operations Report, Nora Mitchell: NCJLA received a partial grant from Chapter to help offset the cost for the CEP clinics.

Annual delegates meeting feedback positive.

Operations Guide is up and running. After adopting rules, Nora Mitchell will go back and update, add links, etc.

Currently 1 team is registered (registrations due November 27, 2011 for boys and December 16, 2011 for girls). 1 team has applied for a scholarship (applications are due November 1, 2011).

5. Treasurers Report, Steve Walker: Paid outstanding bills. Need to add Don Aiello and Steve Walker to the checking account. Also need to remove Tony Grzejka and Betty Hartog from NCJLA accounts. Steve Walker met with the NCJLA's accounting firm and concluded they are not familiar with non-profit organizations. Steve would like to shop for a new accounting firm that is familiar with non-profit organizations and prepare a proposal for the board to review and approve. There was discussion about possibly moving the annual delegates meeting to the 1st week of October since our fiscal year ends September 30, but no motion was made.

A new laptop for Steve Walker in the amount of \$500.00 was approved along with \$500.00 of accounting software.

NCJLA currently does not have a document retention policy. Mike Lateef would like to have an audit committee and hold an annual review. Mike will work with Steve every quarter to review.

6. Boys, Alex Pouteau: Elk Grove requested the NCJLA to uphold the 3/1 rule. Where any club that fields 3 teams, one must be A. Alex will respond to Elk Grove that the NCJLA has the right to grant a waiver for certain circumstances, when clubs petition with reasonable requests.

Diablo Scorpions plan to field 6 U13 boys' teams in 2012. Diablo petitioned the board to waive the 3/1 rule and has asked to only field one (1) U13A team. The majority denied the request with 7 opposing.

US Lacrosse Boys Rules – NCJLA modifications and clarifications from published NFHS and US Lacrosse rules:

OVERTIME:

U15: Up to two (2) sudden victory overtime periods of 4 minutes stop time

U13: One (1) sudden victory overtime period of 4 minutes stop time

U11: One (1) sudden victory overtime period of 5 minutes running time

Regular seasonal games can end in a tie after allotted overtime periods.

STICK LENGTH for:

U11's: Attach stick 37"-42"; Long stick 47"-52"

GOALIE ARM PADS:

U15-U13 (optional)

U11-U9 Required

MERCY RULE:

U11A: No mercy rule

LENGTH OF GAME:

U11: 12 minute run time quarters.

Adopt all other US Lacrosse rules as written

Motions with seconds and the majority approved.

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7. Girls, Mickey Parmelee: U11 girls will continue to play on a full field with each team fielding 12 players. US Lacrosse rules with Kristine Williams's recommendations (attachment 1) when not in conflict with playing down policy. Motion with a second and unanimously approved.
Theresa Sherry is asking for the NCJLA endorsement for the U15 National team. Motion with second and unanimously approved.
8. Special Programs, Ben Sparks: Team scholarships (each team must submit a request). Ben would like to form a subcommittee to review and make recommendations to the board. Joseph O'Brien, Phil Connolly, Ben Sparks, Nora Mitchell and Avery Blake have all volunteered.
9. Communications, David Houseworth: Draft email policies, PR Plan. Start with goal and what message will be. Possibly add social media.
10. Officials, Steve Walker: Working on training programs. Level 2 officials more stringent training to meet CIF program.
Guiding principles for refs, would like to clean and re-write.
11. Sportsmanship, Avery Blake: Concussions. Player safety was discussed with options for clubs regarding concussions.

Adjournment:

Motion to adjourn by Don Aiello. Motion seconded by Ben Sparks, unanimously approved.

Don Aiello adjourned the meeting at **9:51 pm**.

Minutes submitted by: Jin Peavey



Jin Peavey, Secretary

US Lacrosse 2012 Rule	NCJLA's Position
<p>Age and Eligibility Guidelines</p> <p>US Lacrosse establishes eligibility standards in order to promote the game of lacrosse among the youth of America in a safe and sportsmanlike environment. US Lacrosse believes that this goal can be best achieved by facilitating playing opportunities that seek to establish a "level playing field" among field players of a similar age, size and ability.</p> <p>US Lacrosse Age and Eligibility Standards should be considered "game day rules" and are enforced as game day rules by officials.</p> <p>Teams playing by US Lacrosse rules will be organized by age. Any player who is age-eligible to play U-15 lacrosse should not be denied an opportunity to play. If a U-15 eligible player has participated in any high school level program as a member of a high school freshman, JV-B, junior varsity, or varsity team, see the US Lacrosse Best Practice on Age and Eligibility Standards. The following groupings should have ages determined as of August 31 in the year preceding competition.</p> <p>Players may not play below their designated age group.</p> <p>U-15 (Full checking if criteria is met) There must be 2 USL trained umpires - one of which has a Local rating</p> <p>*Check to the head is a mandatory Red Card (with wording to differentiate between the incidental contact and inappropriate contact with the head) – See Penalty Section</p> <p>U-13 (modified checking below the shoulder)</p> <p>*Players 13 yo may have difficulty playing with 15yo players. Teams should be balanced as to physical size, and consider cognitive and developmental stages.</p> <p>U-11 (no checking)</p> <p>U-9 (no checking)</p> <p>Middle School/Junior High: It is recommended that Middle School/Junior High players, regardless of age, play U13 modified checking rules.</p> <p>*Teams should be balanced as to physical size, and consider cognitive and developmental stages.</p>	<p>The NCJLA will be able to uphold this rule fully with minimal changes.</p> <p>For example:</p> <p>1) We will have to remove the petition to play down. The fact that players have to petition to play down through our NCJLA board may add some strength to this rule modification. However, it is up to the board whether they want to continue to allow players to petition to play down. Can we change that for the upcoming season?</p> <p>2) At this time U15 will continue to modify check (a stronger rule). We don't have the ability to put a Locally rated ump on all of our U15 games. Locally rated umpires have to be adults and we have very few adult umpires.</p> <p>Otherwise, the NCJLA has been following these age rules fully</p>
<p>Section 1. Playing Area & Goals U15 and U13 Must play on regulation size field with all appropriate markings.</p> <p>U-9 and U-11 The Fields shall be rectangular, 60-70 yards in length and between 30-40 yards in width to accommodate play on existing fields.</p>	<p>No changes.</p> <p>Since our U11s play 12 v. 12, they must play on a regulation size field as the u15 and u13 do. If there is a demand to create a 7 v. 7 U11 division then this group would be able to play on the modified 60-70 yard field but this would have to be discussed at the 2012 NCJLA summer planning meeting.</p> <p>U9s already play on the modified 60-70 yard field already.</p>

<p>Section 6: Mandatory Protective Equipment: The equipment requirements for all levels must be the same as outlined in Rule 2-8 and 2-9 of US Lacrosse Womens' Rules. Each youth player shall wear the following pieces of equipment which shall be professionally manufactured and not altered:</p> <ol style="list-style-type: none"> 1. A professionally manufactured and properly worn mouth guard which shall include an occlusal (protecting and separating the biting surfaces) and a labial (protecting the teeth and supporting structures) portion that covers the posterior teeth with adequate thickness 2. Mouth guards cannot be clear or white or have protruding tabs except for the goalkeeper. 3. Eye protection or goggles meeting the ASTM certification for women's lacrosse (F803). 4. Close fitting gloves and soft headgear are permitted; no hard helmets may be worn except by the goalie. 5. Goalie must wear a lacrosse helmet with face mask designed for lacrosse, a chin strap, and must meet the NOCSAE standard. Goalies must also wear a separate throat protector, chest protector, abdominal and pelvic protection, goalie gloves and leg padding on the shins and thighs and a mouthpiece. All protective devices should be close fitting, padded where necessary, and not be of excessive weight. <p>Coaches are responsible for having their team in legal equipment and uniforms.</p>	<p>No Changes</p>
<p>Sections 1 and 2: Equipment: Field Crosse and Goalie Stick</p> <p>U15 and U13 Regulation field stick (35.5" minimum and 43.25" maximum) and pocket</p> <p>U 11 and U9 - Regulation field stick with or without modified pocket. May be cut to fit comfortably along the length of the player's arm.</p> <p>Mesh pockets are only allowed for the goalkeeper.</p> <p>Goalie stick U15, U13, U11 and U9 Regulation Goalie Stick length can be up to 52".</p> <p>U15 and U13 Regulation Goalie Stick Minimum Standards (35.5")</p>	<p>No Changes.</p>
<p>Section 12: Uniforms: U15 and U13: Must follow USL Rule 2: Uniforms U11 and U9: It is recommended that all visible undergarments match</p> <p>All youth players, including the goalkeeper, must wear uniform shirt on top. Uniform shorts or kilt must be worn.</p>	<p>No Changes.</p>

<p>Section 9: Other umpire responsibilities (e) make the game official by signing the scorebook if required.</p>	<p>No Changes Required from GHS-u11 only (u9s don't keep score)</p>
<p>Coaching area: U15: coaches may go from substitution area to end line on their own half of field U13: coaches may go the length of the field, behind opponent's bench U11: coaches may go the length of the field, behind opponent's bench U-9 : 1 Coach from each team is permitted on the field for the purpose of instructing players</p>	<p>Change Propose that for U13 A division <u>only</u> that the coach may not walk the full length of the field (strengthening rule). Also, only one coach should be able to walk the full length of the field at a time.</p>
<p>Section 1-7 Timing The home team will designate a timer. All time is running time unless tournament rules dictate otherwise U15 and U13: 25 minute halves (maximum) U11 and U9: 20 minute halves (maximum), Time outs: At all levels, all timeouts stop the game clock. *No team time outs may be called in the last 5 minutes of the game if the game clock cannot be stopped during the "time out". (ie: central clock at event). Tie Scores: At all levels, games may end in a tie. Overtime procedures: U15 and 13: When the score is tied at the end of regular play and overtime is to be played, both teams will have a 5 minute rest and a coin toss will occur for choice of ends. A maximum of two 3-minute sudden victory periods of running clock overtime will be played. The clock will be stopped after 3 minutes of play in order for teams to change ends with no delay for coaching. The game will be restarted with a center draw. The team scoring the first goal wins the game. U11 and U9 No overtime (even if there is a tie score)</p>	<p>Change We would like to see 2" stop clock at the end of each half for U15A, U15B, U13A. We have had some players in the past commit fouls at these levels in the last minutes of the game knowing that the time will run out before a penalty shot can be taken. Also, it will prepare the girls for their next level of play. When another player is fouled they should be given their advantage regardless of clock time. This strengthens the rule. Otherwise, no changes necessary.</p>

<p>Rule 5- Play of the Game U15,U13, U11 and U9</p> <p>Section 1 If a team is ahead by 4 goals, the team with fewer goals gets possession at the center of the field and this player may run or pass, but may not shoot unless another player has played the ball.</p> <p>The team with fewer goals may choose to start with a draw.</p>	<p>No Changes</p>
<p>Rule 5- Play of the Game U15,U13, U11 and U9</p> <p>Section 21: Substitution U15 and U13 USL Substitution Rules Apply</p> <p>U11 and U9 (Modified Field) See Youth Best Practices Section in USL Guidebook on p. X For substitutions guidelines for play on a modified field. P.36-39 Sections 21-25.</p>	<p>No Changes</p>
<p>Rule 5- Play of the Game U15,U13, U11 and U9</p> <p>Section 17 There will be no deputy allowed for youth play, at any level. Penalty Administration - (Same as Defensive Goal Circle Foul)</p>	<p>No Changes</p> <p>Except for U9s who don't play with a goalie at this time. Therefore a deputy after the shot on goal is taken would be necessary to retrieve the ball.</p>
<p>Rule 6: Fouls Major Fouls Check to head, MANDATORY CARD, (check to head/face/goggles). Check to the head is a MANDATORY CARD: no players crosse may hit or cause her opponent's crosse to hit the opponent's head.</p> <p>U-15 - A Red Card Must be given for an initiated check to the head U-13, U11 and U9 – A Yellow Card must be given for a check to the head</p> <p>Definition: Cross-check: use of the shaft of the crosse to hit, push or displace an opponent.</p>	<p>No Changes</p>
<p>Rule 7: Penalty Administration Cards: Sections 26-36</p> <p>Cards will be issued at all levels of play.</p> <p>Critical Scoring Area: Free Positions on 8 meter U15, U13, U11 and U9 On an 8m free position, players may shoot provided there is a goalkeeper or modified goal. If there is not a goalkeeper or modified goal, then the 8m free position shall be indirect.</p>	<p>No Changes</p> <p>2011 U11s could not make a direct shot on the goal. Unless Kelly French, the U11 Commissioner, feels strongly about this change, we should uphold it.</p> <p>U9s are not able to make a direct shot as there is not goalie.</p>