

HRLax BHS Policy and Planning Meeting Notes

14 November, 2012

- 1) The HRLax Boys High School (BHS) Mission Statement was adopted:
 - The HRLax BHS Division's mission is to provide a structured league for the benefit of public High School lacrosse clubs as they work toward school-sponsored school-board approved VHSL team status.
- 2) The 2013 policy governing 8th graders playing on a High School (HS) team remains unchanged from the 2012 policy:
 - 2013 Policy: 8th graders may not play on a HS JV or Varsity team
 - An Exception to Policy Request was presented to the board for an 8th grader in Currituck to play on the new Currituck JV team. The policy board concurred with the request, and the request was approved by the Commissioner.
 - Exception was granted based on size of player with consideration to average size of U-15 opponents and teammates
 - Other factors considered were:
 1. Effect on roster of receiving team
 2. Effect on roster of age-group team
 - a. The OBX U-15 team has converted to a First Flight JJV team
- 3) Seniors playing on JV teams:
 - Seniors may not play on JV teams
 - New clubs entering league with just a JV team may petition for an exception
 - A new club with more than a couple upperclassmen may, instead, enter the league as a Varsity team.
- 4) Player movement between JV and Varsity rosters:
 - No player may move from the Varsity to the JV roster
 - No player may play in both a JV and a Varsity game in the same day
 - Players may play, at a maximum, the number of regular season league games scheduled for one team. Example: If a team will play eleven regular season games, then a player may not participate in more than eleven regular season games, regardless of whether they are Varsity or JV games. Out of league and post-season games do not count toward the number.
 - JV players may play in a Varsity game up to three times
 - Coach must list the JV player in the Varsity scorebooks for that game.
 - Player shall be listed as: Jersey # in game Name (JV- #JV jersey number)
 - i. Example: 27 John Smith (JV- #15)
 - After the third game, the JV player must be assigned to the Varsity roster for the remainder of the season
- 5) **NEW:** Each team is required to scan and email the game scorebook page clearly showing roster and penalty sections to the BHS Commissioner and the BHS Operations Manager at the end of each game.

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6) Scorebook/Rosters rules:

- All players on the sidelines, dressed for the game, shall be listed on the game's roster
- Duplicate numbers on jerseys shall not be permitted on the same team
- If a player is wearing a number which is different than his jersey number listed on the online roster, this number shall be listed on the roster as his game-jersey number. His usual number shall be placed in parenthesis to the right of his name on the scorebook roster.

7) 2013 Player Zoning:

- Player assignment is based on school attended (policy rules on website)
- Cox – Cox HS students only
- Currituck HS JV team – 9th, 10th and 11th graders attending Currituck HS or nearby North Carolina school systems not including First Flight
- First Colonial – First Colonial HS students only
- Grafton – Grafton HS students. Players home-schooled or attending a school without a lacrosse team who live in the Grafton HS school zone.
- Grassfield – Grassfield HS students. Players home-schooled or attending a school without a lacrosse team who live in the Grassfield*¹, Deep Creek or Western Branch HS zones.
- Great Bridge – Great Bridge HS students. Players home-schooled or attending a school without a lacrosse team who live in the Great Bridge, Oscar Smith, Indian River, or Hickory*¹ HS zones.
- Hickory – Hickory HS students only.
- Kellam – Kellam HS Students. Players home-schooled or attending a school without a lacrosse team who live in the Ocean Lakes or Landstown HS school zones or in the First Colonial HS school zone East of Birdneck road.
- Maury – Maury HS students. Players home-schooled or attending a school without a lacrosse team who live in the Norfolk, Portsmouth and Suffolk Public School zones.
- Menchville – Menchville HS students. Players home-schooled or attending a school without a lacrosse team who live in the Newport News Public School zone.
- Poquoson – Poquoson HS Students. Players home-schooled or attending a school without a lacrosse team who live in the Poquoson or Hampton.
- Princess Anne – Princess Anne HS students. Players home-schooled or attending a school without a lacrosse team who live in the Princess Anne, Bayside, Kempsville, Green Run, Tallwood, and Salem, Cox*² or First Colonial*² school districts west of Birdneck road.
- Tabb – Tabb HS students. Players home-schooled or attending a school without a lacrosse team who live in the Tabb HS zone.

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- Williamsburg –Jamestown HS, Lafayette HS, and Warhill HS students. Players home-schooled or attending a school without a lacrosse team who live in the above school zones or who live Northwest Williamsburg and James City Counties.
- York – York HS students. Players home-schooled or attending a school without a lacrosse team who live in the Yorktown HS and Gloucester HS school zones. Seniors living in the Williamsburg/James City County area.
- *Notations:

¹ For 2013, a 9th or 10th grade player living in the most southern Hickory or Grassfield school zones who does not attend Great Bridge, Grassfield, Hickory, or a private school with a lacrosse team, may exercise a one-time choice to play with the Currituck JV team. That decision may extend into future years e.g. if they choose Currituck, they may remain on Currituck for future years (as long Currituck accepts players that do not attend Currituck HS). Once they choose not to play on the Currituck team, that option is closed.

² Does not apply to students attending Cox or First Colonial high schools

³ Players who live in Smithfield may make a one-time choice to play either for Maury or Poquoson.

⁴ If a team forms at Western Branch or Deep Creek, 9th and 10th graders in Suffolk or Smithfield will be zoned for the new team, 11th and 12th graders could choose to stay with their current team.

⁵ Bruton may standup a team for Spring 2013. If so, Bruton HS students will play for the Bruton team instead of the Williamsburg JV team. Details and decisions will be addressed if Bruton meets a December 10th enrollment goal.

- A player may be “grandfathered” onto the team he played the prior season, provided the criteria for placement was accurately followed at the time of original placement or the player received an “out-of-zone” exception from the then BHS Commissioner.
 - Exception to “grandfathering” may be made in the case of the formation of a new team serving the player’s High School. A Freshman, Sophomore, or Junior may be required to participate on the new team.
- 8) Regular season games tied at end of regulation play will continue into Sudden-Victory Overtime play in accordance with NFHS Boys Lacrosse rule 3-4 and 4-32.
- 9) If a game is interrupted because of events beyond the control of the responsible authorities:
- it shall be declared an official game if three periods or more of the game has been played and one team is ahead;
 - after completion of three periods or more of the game and the game is tied, the game shall resume from the point of interruption;

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- if less than three periods have been played, the game shall resume from the point of interruption.

10) Playoff seeding:

- The top eight teams shall advance to the HRLax League playoffs
- Seeding shall be determined by end-of-season record
- Ties will be broken by head-to-head record of regular season games
- Three-way ties will be broken by regular season games between the three teams only:
 - Least goals allowed in regular season games with the other two teams
 - If still tied, goals scored in regular season games with the other two teams
 - If still tied, seeding will be determined by what works best with playoff game locations or randomly chosen with a coin toss
- Examples: Because every team will play each other once and no game will end in a tie, head-to-head will break all two-way ties. Three-way ties occur when three teams, called Red, Blue, and Green, have the same record and Red beat Blue, Blue beat Green, and Green beat Red.

11) Sideline Policy:

- All Adults on the Player Sideline during, before, and after the game must be registered and cleared HRLax Coaches or Administrators, (or registered players age 18 or over on the competing teams).
- HRLax Registered Coaches and Administrators must display their 2013 HRLax Coach Credentials.
- Only the Bench Official (if assigned), official Timekeepers, Scorekeepers, and players serving penalties are allowed in the Table Area (see NFHS Boys Lacrosse Rule 1-2.7 for definition of Table Area)
- Team Alumni:
 - These rules are not to prohibit the Head Coach allowing, at his discretion, team alumni players to visit sidelines up to but not beyond five minutes before the scheduled game start time.

12) Coach requirements. (and Non-coach "Skill-instructors" at practice)

- The decision on whether coaches can invite a non-US Lacrosse-member adult to a practice to instruct a specific skill or teach a specific drill or play, whether for one-time only or just a couple times during the season, has been delayed pending examination of the League Insurance Policy.
- For now, only US Lacrosse members may assist or instruct at a team's practice and only under the supervision of one of the coaches listed on the team's official roster.
 - At no time shall a non-NCSI-cleared, US Lacrosse member adult, be left alone with a player or players during practice time.
- If an adult will assist more than a few times at a practice, he/she must register as an assistant coach with HRLax and clear an NCSI background check.
- Assistant Coaches must complete PCA Double-Goal Coach training and US Lacrosse Level 1 online coach training in addition to being registered and cleared with HRLax.

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- All Head coaches must be US Lacrosse Level 1 certified.

13) All-Conference teams:

- Some player stats will be used for selection – specific stats to be determined prior to the start of the season. Only league game stats will count towards selection.
- Teams will need to provide trained parents or students to keep and enter online stats for each game.
 - League will provide someone to train volunteers if requested.
- The BHS Policy and Planning committee is reviewing criteria and procedures to be used as a model

14) Emergency Management Plan:

- Coaches are required to fill out the Emergency Management Plan Form and keep it with them at practices and games.
- Coaches should keep the player emergency information cards/list with them at games and practices.

15) The BHS division is still looking for a Vice-Commissioner.

- During the season Victor may be out-of-town and unreachable for immediate issue-resolution.

16) Additional info:

- Ann Grigorian (from Grafton team) is organizing a timekeeper/scorekeeper training session on the Peninsula – Date: TBD, likely in February.
- Ann is also organizing concussion Baseline Testing Dates on the Peninsula:
 - Will be held at Mary Immaculate Education center (in parking lot of Mary Immaculate Hospital off Denbigh road)
 - Jan 29th (and 30th if enough interest)
 - 3 Time Slots: 5:30, 6:30, 7:30
 - 10 players per time slot
 - Players only need testing every other year to keep baseline current.
 - Players from York County Schools or Poquoson schools will be able to utilize testing done at the Schools for other sports, so if they have been tested at school this year or last year they will not need to retest for baseline comparison for lacrosse.
 - Price will be \$10 due at testing site
 - She will have signups beginning of January.
- Volunteers to organize similar timekeeper/scorekeeper and baseline testing sessions on the Southside are welcome. (separate sessions in Norfolk, Chesapeake, and/or Virginia Beach would be preferable)

Meeting Attendees: Victor Lucas – Boys HS Commissioner

Stuart Brightbill – Princess Anne;

Mike Falvey – Kellam;

Mike Hehir – Tabb

Rick Mercadante – Cox;

Steve Notarnicola – Grassfield;

David Page – Hickory

Kristin Brown – Boys HS Operations Manager