

Emergency Care Plan

The emergency care plan:

- Addresses immediate need for medical assistance in the instance of traumatic injury or illness.
- Assigns specific duties for effective evaluation, transport and follow-up of the situation.
- Impacts coaches, spectators, practice/game personnel as well as athletes.
- Must address situations that may occur from the first practice through the last team meeting; it includes weekdays as well as weekends.

Use the attached template to record duties assigned to specific individuals.

Should an injury occur requiring medical assistance; the following are critical items that would need to be addressed by the coach and/or designated first aid responder.

Primary evaluation

ABCs

Access EMS

Immediate primary care

Notification of parent

Notification of Commissioner and League Director

Emergency care cards, first aid kit and quick access to ice shall be the standard for each practice and event.

In case of a catastrophic injury, no information should be given to any party other than EMS.

The coach shall notify the commissioner.

Refer all media inquiries to the appropriate league representative (i.e. League Director, Division Commissioner).

The following page is a template for use by individual teams.

Emergency Care Plan

Date: _____ Team: _____

Coach: _____ Contact Number: _____

Practice/Game Site Street Address: _____

Specific directions to practice site from nearest major intersection: _____

Directions: Please complete and distribute a copy to all members of your coaching staff. Discuss this plan with your coaching staff. Proper preparation can lead to quick, appropriate action.

Where should EMS come to have quick access to the injured athlete? _____

Who will give primary care to the athlete? _____

Where is the first aid kit? _____

Where are the emergency care cards? _____

Who calls EMS? _____

From which cell phone/telephone will the call to EMS be made? _____

Who will notify the parents that the athlete is being transported to an emergency care facility? _____

To which emergency care facility will athletes be transported? _____

Who will notify the Commissioner? _____

Who will manage the rest of the team while care is given to the injured athlete? _____

Who will open any gates or doors for EMS? _____

Who will meet EMS and direct them to the injured athlete? _____

Who will travel with the injured athlete to the emergency care facility? _____

Who will follow-up with the parents? _____

Who will document the injury? _____

Who will speak to parent in the instance of catastrophic injury? _____

Emergency Telephone Numbers

EMS: _____ Emergency Care Facility: _____

Division Commissioner: _____