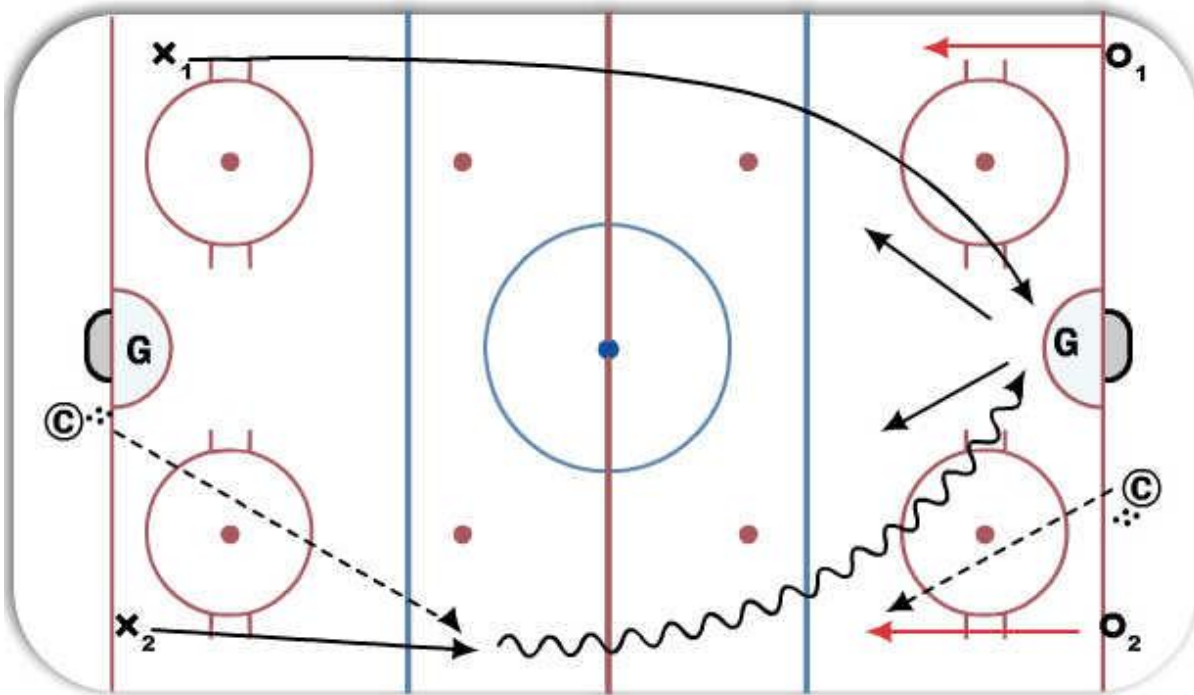


## 2 on 0 with backcheckers



### Description

players in all four corners

coaches with pucks.

on Whistle X1 and X2 skate hard down the boards,

Coach hits one of them with a pass.

X1 and X2 go 2 on 0 for shot on goal.

On the shot, (or whistle) O1 and O2 start from opposite corner and receive pass from coach.

X1 and X2 now backcheck hard to catch them.

Players should switch sides to receive and pass on forehand and backhand. After shot, O1 and O2 backcheck for next group.

### Key Points: