

# River Valley Youth Football League

## 2020 Age & Weight Matrix

as of 1/1/20

*Ages as of August 31st of current year*

<b>Superlightweight:</b>	<b>With Equipment * (up to)</b>	<b>Starting Week 5 with Equipment* (up to)</b>
Age 6-7-8	88	91
Striper 6-7-8	93	96
Double Striper 6-7	unlimited	unlimited
Age 9	63	n/a

<b>Lightweight:</b>	<b>With Equipment ** (up to)</b>	<b>Starting Week 5 with Equipment** (up to)</b>
Age 8-9-10	108	111
Striper 8-9-10	113	116
Double Striper 8-9	unlimited	unlimited
Age 11	76	n/a

<b>Junior Varsity:</b>	<b>With Equipment ** (up to)</b>	<b>Starting Week 5 with Equipment** (up to)</b>
Age 10-11	128	131
Age 12	120	123
Striper 10-11	139	142
Double Striper 10-11	unlimited	unlimited
Age 13	80	n/a

<b>Varsity</b>	<b>With Equipment ** (up to)</b>	<b>Starting Week 5 with Equipment** (up to)</b>
Age 12-13-14	166	169
Striper	197	200
Double Striper	unlimited	unlimited

### **Notes:**

***Weights are subject to change by River Valley Youth Football League***

**\* Superlightweight Level ONLY - must weigh in with equipment including shoulder pads and game shoes**

**\*\* When Lightweight, Junior Varsity & Varsity players weigh in, they must be wearing a minimum of the following equipment:**

Pants (Thigh and Knee pads)

Girdle Pads (Hip, Butt, Cup)

Game Jersey

Game Shoes & Socks

**NO SHOULDER PADS ARE REQUIRED.**

Extra Pads and Sweatshirts:

Rib Pads, Elbow Pads, Extra Sweatshirts, etc. do not have to go on until game time!