



Basic Differences - NFHS vs Pros/College

- Pass interference
 - Not a spot foul – 15 yard previous spot foul
 - Is not an automatic first down
 - No un-catchable provision
- No halo rule on punts
- No shaded eye shields
- No cut blocking of pass rushers by backs or outside the free blocking zone
- NFHS - can have formations with covered ends
- Knee, thigh & tail pads are REQUIRED
- Intentional Grounding – no outside the pocket provision in NFHS
- No five yard contact buffer on receivers
- NFHS – Everyone can release on snap for punts
- Neutral zone infractions kill the play
- Penalty enforcement is often from the spot of the foul in NFHS



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- Face Mask - Two types of fouls:
 1. "Incidental" is grasping of the face mask, helmet opening or chin strap. (5-Yard Penalty)
 2. "Grasping and twisting, turning or pulling" of the face mask, helmet opening, mouth piece or chin strap. (15-Yard Penalty)
- Fake field goal attempt - holder must rise before pitching
- Missed FG's that go into the end zone come out to the 20 yard line
- Can't run kickoffs out of the end zone
- Personal foul is not an automatic first down
- Don't have to report otherwise ineligible receivers
 - Only players eligible by position and number can catch a pass in NFHS