

KENT PARK AND RECREATION LEARN-TO-SWIM PROGRAM

Kent Park and Recreation will offer Learn-to-Swim program July 9-27, 2018 at Emery Park. Registration will be accepted on a first come, first served basis, with the lifeguards at Emery Park or through Park and Recreation, Kent Town Hall.

A park pass is required to register and can be purchased from the lifeguards.

The following programs will be offered Monday, Tuesday, and Friday: Level 1 at 11:00 a.m. Level 2 at 11:45 a.m.; Levels 3/4 at 1:00 p.m. Each lesson is 30 minutes; times may be adjusted to accommodate registration.



Level 1 – Introduction to Water Skills – age 5 and up; student must be able to enter the water on own and listen to the instructor. Water adjustment and basic beginning skills.

Level 2 – Fundamental Aquatic Skills – gives student success with fundamental skills.

Level 3 – Stroke Development – builds on the skills in Level 2 by providing additional guided practice.

Level 4 – Stroke Improvement – students will develop confidence in the strokes learned and improve aquatic skills.

*Please note that the prerequisite for each level is successful demonstration of the skills taught in the preceding level.

If you have questions, including about where to place your child, please speak with swim instructor/lifeguard Laura Craft at Emery Park, 860-927-1273, or Park and Recreation director Lesly Ferris, 860-927-1003.