

## 2017 Babe Ruth / Cal Ripken Pitch Count Rules

Max Pitch Counts		Rest Period Ages 7-18	
Age	Max Pitches/Day	Pitches Thrown	Rest Days
7-8	50	21-35, 36-50	1,2
9-10	75	21-35, 36-50, 51-65, 66+	1,2,3,4
11-12	85	21-35, 36-50, 51-65, 66+	1,2,3,4
13-14	95	21-35, 36-50, 51-65, 66+	1,2,3,4
15-16	95	31-45, 46-60, 61-75, 76+	1,2,3,4
17-18	105	31-45, 46-60, 61-75, 76+	1,2,3,4