

Peshtigo Youth Baseball & Peshtigo Varsity Baseball

2019 Youth Clinic



The Peshtigo Varsity baseball program will be hosting a hitting and defense/pitching skills camp this spring. This camp will be held at Peshtigo High School and will cover basic mechanics of the swing and hitting philosophies, as well as pitching and defensive skills. The camp will be focused around the principles that are used in the Peshtigo Varsity baseball program.

Over the course of the camp, players will be given instruction by the high school coaches and varsity players. Clinic participants will learn the same drills that the Peshtigo Varsity baseball team implements in their own practices. Players can expect to learn techniques to help maximize their offensive and defensive potential.

Features

- Video footage of swing, defensive setup, and pitching mechanics
- Radar readings of throwing velocity and exit velocity of hitting
- Stations will be instructed by Varsity baseball players/coaches
- Competitions at the end of each session

Who: 3rd grade through 8th grade baseball players

When: Saturday March 2nd Hitting Clinic

Saturday March 9th Defense/Pitching Clinic

3rd- 6th grade 10:30 am – 12:15 pm

7th – 8th grade 1:00 pm – 2:45 pm

Where: Peshtigo High School Gym/Multi-Purpose Room

What: During hitting clinic bring (if possible) –Bat & helmet (if have one)

During defense clinic bring (if possible) – Glove

Fee: \$30 if sign up for both clinics dates.

(CAMPER WILL GET A T-SHIRT IF SIGNED UP FOR BOTH CLINICS)

\$20 if sign up for only one clinic date.

(Checks made out to Peshtigo School District)

- All payments should be brought to Mr. Henrigillis by Wednesday,
February 20th

WE WILL BE ABLE TO ACCEPT THE FIRST 25 PLAYERS THAT SIGN UP FOR EACH TIME SLOT, SO PLEASE DO NOT WAIT TO SIGN UP.

If there are any questions contact Coach Neal Henrigillis

henrigillisn@peshtigo.k12.wi.us

(715) 582-3711 ext. 2010

Peshtigo Baseball and PYB Baseball Clinic (Turn this form in with fee)

Participant's name: _____

Grade: _____

Camp Dates (Circle one): 3/2 3/9 Both dates

If attending both provide shirt size: _____

Parent email (optional): _____

- We would like to send film and data recorded from the camp.

Waiver of release: The Peshtigo Youth Baseball Association, management of this clinic, or the Peshtigo School District shall not be held responsible for personal injury of any player or loss of individual property during the clinic.