

Cannons Select Lacrosse Defensive Terminology



TERM	MEANING
The Porch	The area directly in front of our goal – an area that players away from the ball must have one foot in
Funnel	Forcing offensive players down the sideline or back behind the goal
Topside	Proper defensive position to create the best opportunity to funnel players down the side or back behind the goal line – this is accomplished by attacking the offensive player’s foot furthest upfield
Help & Recover	Defender takes just one or two steps toward ball carrier to slow down dodge, but does not quit responsibility or force team to slide/rotate
Close the Gate	Term used to describe a defender’s open body position that allows an offensive player to attack our porch
Cornell	A crease slide first defense
Army	All slides come from adjacent (next to the ball carrier) defenders
Oreo	An adjacent first slide, but the second slide comes from a crease defender
CALL	PURPOSE
I’m Hot	First Slide responsibility
In	Call from off ball players who are helping to protect second slider’s assignment, while clogging passing lanes
You’re Free	Call from second slide to first slide letting him know he can slide
I’m Out	Call for adjacent defender who pushes out to deny easy pass
Crash	Call from GOALIE to slide no matter positioning of players. All other defenders should collapse to the porch
Becky	Backside double team
Nick, “PEEL”	Call from sliding defender to the original defender to recover to the crease, then find an open man
Bump	Call from a recovering defender (RD) to a In defender (FD) telling him to push out to cover another open player – the recovering defender (RD) then plays the crease and the In defender (FD) finds a new offensive player to cover, usually furthest away from the ball
Away	Call to a recovering defender that we won’t bump and instead to find the man furthest from the ball
Black 19	We prevent #19 from getting the ball in all circumstances