

Oct 23rd, 2009
Volume 2, Issue 11

The Bolt



A newsletter for the Commerce Chargers Youth Football Organization

PRACTICE SCHEDULE

10/26/09 – 10/30/09

Tackle Football

No Monday Practices

Tue -Thru

5:45pm-7:30pm

Full Pads

Friday

5:45 – 6:45

No Pads Just helmets,
mouthguard, cleats, shorts
and shirts

Flag Football

Tuesday and Friday

6:00 – 7:00 pm

Mouthguard, cup, and helmet

Cheerleading

Held on the field behind the
baseball concession stands

Tuesday and Wednesday

5:45pm-7:30pm

Flag Cheerleaders

Tuesday and Wednesday

5:45pm-6:45pm

CHECK WITH YOUR
COAH FOR PRACTICE

TIME CHANGE

GAME DAY OCT 24TH AT RAVES

Times: Freshman: 1:00, JV: 3:00 Varsity: 5:00



All Players to be at the field 1 hour and 15 minutes before game time

Raves Field:
3200 W Tienken rd
Rochester, MI 48306



CHEERFEST 2009



The big day is fast approaching and girls have been working very hard on their computation routines and dance routines. Come out and cheer the girls on October 31st at Walled Lake Central. Flag will start the day off with a computation in the cheer round that will not be scored. Freshman, JV and Varsity will compete in a two round computation of cheer and dance. Awards will be given for 1st – 3rd place all others will receive a participation medal for each round they competed in.

Football Players it is time to cheer on your cheerleaders. Let's show them how much you appreciate all their hard work!!!

When you think you can't push yourself any farther, reach down and pull out what make you proud to be a cheerleader and show them what you're made of." Author George Karadimas, Columbus, OH, USA

GOOD LUCK GIRLS!!!!



2009 Commerce Chargers Banquet

It's the end of the Commerce Chargers Football season and what better way to celebrate then with family! Come join us at the football banquet...

When: Sunday, November 22nd

Check-In: 4:00-4:30, Banquet: 4:30-8:30PM

Where: Rock Financial - Novi (46100 Grand River, Novi, MI. 48374)

Cost: \$15/Adult and \$8/Ages 10 and under (includes dinner)

All Player/Cheerleader families are welcome!

Note: players/cheerleaders are free. Players wear game jerseys and Cheerleaders wear their uniforms. They will receive their trophies and yearbook, so they'll want to bring a sharpie for their friends to sign their yearbooks!

Any questions please contact Justina Rester: 810-282-5009

WE NEED YOU!!

The Commerce Chargers organization is always looking for people that want to help out and be part of our organization. Our Concessions Director, Karen Koshen, will not be returning to her position next year. If this is something you might be interested in and would like more information please contact one of our board members.

Game Day DVD's

Game day DVD's are now available for purchase. Each game will be \$10 or buy the entire season for \$50. They will be available for pick up every Tuesday. Please contact Maria Branoff to place your order or if you have any questions. breezy42@sbcglobal.net

