

Fall Brawl Lacrosse League Game Rules Limited Collision League

All league rules are created for the safety and love of the game.

The league was developed to allow spring youth and HS teams to play together. No one should be recruiting from other towns/programs to build or strengthen their team. Coaches found actively recruiting will be dismissed from the league.

All league games will comply with normal NHFS & USYLL game rules, with the following exceptions.

Warm up for your game on the side of the field and be prepared to start your game immediately at the scheduled time. Start and stop all games on the sound of the horn. A single long blast will signify beginning and end of each half. 2 short horns will signify last 2 minutes of the game. Referee will keep time for the last 2 minutes.

Game Times:

- 55 minute game, two - 25 minute halves, running time (5 min half time)
- One time out per team per game, 1 minute long.
- Last 2 minutes will be kept by the referee.
- Keep it in for the team ahead in last 2 minutes.
- Games will begin every 60 minutes which gives the teams about 5 minutes to get on and off of the field. Please respect the following team by leaving the field promptly.

Coaches/Parents on the Sideline - Four coaches per team - 1 head coach, 3 assistants. Only the head coach can speak to the ref. No parents on the sideline. This will be enforced.

Keeping Game Time - Game time will be kept at the central location. Penalty time is kept by one of the officials.

Timeouts - One, 1 minute, timeout per team per game, running time. **No timeouts permitted in the last two minutes of the half or the game.** Both teams must return to the field ready to play immediately upon conclusion of the timeout. Any team judged to be delaying the game the officials will lose possession of the ball.

Injuries & Time Stoppage - If a player is injured, refs may add up to an additional 2 minutes to the game clock if injury takes more than 2 minutes.

Substitutions - All players must be substituted on the fly.

Normal penalty time applies, with the following exceptions:

- All head shots or helmet to helmet hits will be two minute non-releasable penalties before the offending team is allowed to substitute a player. The player called for the penalty must sit out an additional minute for a total of three minutes. Any player called for an additional head shot will be

put out of the current game and cannot participate in the next week's games as a result of the two head penalties.

- All other penalties will be subject to the same enforcement with the same penalties if the Officials believe that the penalties were committed with malicious intent. Further sanctions will be at the discretion of any of the three program directors.

If a player gets 4 penalties in a game - he's done for the game and will not be allowed to participate the following week.

Player Ejection - If a player fights they are done for the game and will not be allowed to participate the following week.

Zero Tolerance - If a coach, player or parent gets kicked off the field – he/she is kicked out of the league.

Mercy Rule - After each goal there will be a face off. If a team is up by more than 4 goals the opposing team will gain possession after the face off if the winning team wins the face off.

Tie Game - No tie breakers. If the game is tied at the end of the 2 half, it will end in a tie.

*At the conclusion of the game, shake opposing teams hand and leave the bench area.

Parking-Check the map provided for all available parking lots.

Parking is limited William Allen Middle School, please car pool when you can.

Please park in the school's parking lots, never on the grass, streets or side streets, you will be ticketed.

At Moorestown High School do not block residential driveways along Bridgeboro Rd, use the Moorestown HS parking lot or the grass parking lot along Westfield Rd.

Coaches, Team Representatives & Managers

Please make sure your team is paid in full before Week 1 games on September 13, 2015. No payment, No pinnie, No play.

Review your completed rosters before Week 1 and email any updates or adjustments to Lee Ann at fallbrawlax@gmail.com.

Pinnies will be given to all paid and registered players (20/ team max) – extra pinnies will not be provided.

Show up 15 minutes prior to game time, be warmed up and ready to play at designated time.

If you are going to miss a game please alert Lee Ann McLoughlin (609.760.3121) by Tuesday before scheduled game.

If there is an emergency with a coach, player, parent or fan – please call Lee Ann McLoughlin (609.760.3121) immediately.

Clean up all trash on your sideline after your game.

Only head coaches will address the referees. Do so in a courteous manner.

Poor sportsmanship, taunting, trash talk and bullying will not be accepted from players, coaches, parents or fans.

Parents and Fans

Poor sportsmanship, taunting, trash talk and bullying will not be accepted from players, coaches, parents or fans.

No smoking on school grounds.

Do not bring animals or pets onto the fields.

Please view the games from the sidelines, do not stand on the same side as players, behind the goals or on the endlines.

Players

Fighting is an automatic expulsion from game and league. Fighting, punches, wrestling will not be tolerated in anyway.

No big hits, no big collisions - hold off on all physical contact / collision.

DO NOT STEAL ENDLINE BALLS! If caught, you will be prosecuted to the full extent of the law. Poor sportsmanship, taunting, bullying and trash talk will not be accepted from players, coaches, parents or fans.

Players need to PLAY THE BALL when it is on the ground, this is a **LIMITED COLLISION LEAGUE** and we are trying to prevent injuries.

Penalties will be assessed for big collisions, high hits, crosse checks.

Referees

Two - 25 minute RUNNING time halves with a 5 minute haltime (55 minute game)

Penalty time is start stop at all times.

Last two minutes of 2nd half is start/stop time.

One time out per team per game, 1 minute long. No timeouts in the last two minutes of the half or the game.

Last 2 minutes will be kept by the referee.

Keep it in for the team ahead in last 2 minutes.

IF a player is injured, you may add up to an additional 2 minutes to the game clock if injury takes more than 2 minutes.

IF there is a major problem or emergency with a coach, player, parent or fan – please call Lee Ann McLoughlin 609.760.3121

Game Play

1) NEW! [NFHS 2015\(LINK\)](#) modified rules:

- New “over and back” rule, which states that the offensive team may not carry, pass or propel the ball into its defensive half of the field once it has been advanced into the goal area. An infraction will result in a turnover or play-on. In simpler terms, once the ball is established as touching it in the box, it may not go back court or its a turnover.
- Face-off mechanics are now like college pre-whistle, players will go to the face-off position with their crosses properly placed. If the official is satisfied with the position, then the ball will be placed between the crosses for the face-off. Previously, the ball was placed on the ground first. Players are still required to remain motionless in the correct position after the official says “set” and until the whistle is blown.
- Face-off player cannot take more than one step in getting the ball out of his stick. He may no longer run down the field with the ball stuck in his crosse.

2) NO “Horns” on sideline out of bounds plays. On substitutions "on the FLY"

3) 4 second for goalie in crease

4) Face-off after every goal - Face off cadence is DOWN, SET, WHISTLE

5) Flag down - Play on until defense touches the ball or goes out of bounds

6) Change of Possession Offsides- Ball is re-started at location when whistle was blown

7) Any crosse used in a face-off may not have tape on the plastic throat of the head.

8) Eye shade that is not a solid stroke or includes words, numbers logos or other symbols within the eye shade is prohibited.

Fall Brawl Lacrosse League

- HS Director: Baron Wallenhurst
- Youth Director: Bryan Wright
- Program Director & Administrator: Lee Ann McLoughlin [609.760.3121](tel:609.760.3121)