

# PLAY BALL

## *Byfield Newbury Winter Workout Program At Play Ball Salisbury*

*Play Ball* is offering their annual winter workout program for Youth Baseball Players. This 8 week program will help the athletes prepare for the upcoming season by working on all the skills needed for aspiring baseball players.

Throwing, fielding, hitting, positional play and all other key areas will be covered. This year's program will be a progressive approach to teaching the players. Each week will progress with different advanced drills and skills.

Play Ball's professional staff will once again facilitate the program.

- \* Dean Borrelli (Former 8-year Pro Player For The A's and Rangers)
- \* Curran Shane (Former New England College Assistant Coach & Newbury College Standout)
- \* Matt Keefe (Former Star At Rivier University)
- \* Paul Mahoney (Former Standout at UMass Dartmouth & NECC)
- \* Various other high school and college coaches/players

Little League: Ages 6-12

Time slot #1:  
January 15th - March 5<sup>th</sup> (Sundays)  
10:30a.m. – 12:00p.m.

Cost for the program: \$110

To sign up, fill out the form below and mail a check to Play Ball, 6 Old Elm Street, Salisbury, MA 01952 or call Play Ball at 978-499-0063 or email [curran@goplayball.com](mailto:curran@goplayball.com).  
Walk-ins are welcome on the first day of the clinics as well.

Name \_\_\_\_\_ Email \_\_\_\_\_  
Age \_\_\_\_\_ Phone Number \_\_\_\_\_

Please check the session to attend: Session 1 \_\_\_\_\_