

Milford Scarlet Hawks

Youth Football and Cheerleading



PARENT HANDBOOK

We would like to welcome all participants and parents to the 2009 football and cheerleading season. We hope that this season will be exciting and rewarding for all those involved. The MYF&C program is in its third season and continues to build a strong tradition for excellence and success.

Our goal is to teach the fundamentals of football and cheerleading, the importance of teamwork, and most of all to have fun. The coaches will stress self -discipline, concentration, friendship, leadership, and good sportsmanship

MISSION STATEMENT

Our mission is to educate every participating boy and girl in the sport of football and cheerleading, emphasizing the importance of sportsmanship, teamwork, and accountability, creating an environment that allows maturing as an individual, while encouraging each participant to fun. Winning is important, but our principles will not be sacrificed to accomplish this result. We trust that winning will be achieved by strictly adhering to the ideals and principals of Milford Youth football & Cheer.

The definition of Success is not a 10-0 season; it's the development of young men and women into quality humans first, athletes second.

The Milford AYF&C is a traveling organization. We play teams in the Central Mass AYF League and some travel is required. A full schedule will be provided to your child once the official schedule is determined the league.

BOARD OF DIRECTORS

President	Anthony Fallon
Vice President	Mark Winship
Secretary	Tony Chiarelli
Treasurer	Skip DeCapua
Chairman	Tom Cullen
Fundraising / Publicity Coordinator	Greg Pearl
Registration Coordinator	Joe DeMarco
Concessions Coordinator	Shawn Fallon
Field Coordinator	John Swanson
Cheer Coordinator	Nicole Chesshi
Cheer Secretary	Kristen Haley
Cheer Equipment Coordinator	Melissa Juliano
Football Coordinator	Mike Burns
Football Equipment Coordinator	Tim Shaver

REGISTRATION

Fee: \$ 155.00 per football player/cheerleader. This fee covers the cost of game day referees, equipment expenses, league fees, insurance, and end of season banquet, post season fees, and the general expenses of operating a youth sports program. Family Fee (2 participants is \$250.00 and 3 participants or more is a maximum of \$335.00)

Sign up dates: March 7th and March 27th from 9am till noon. Sign-ups will be held at the Milford High School.

Late fee: The late fee will be \$25 per child after April 15th. No Exceptions

Refund Policy: \$25.00 processing fee assessed to all drops. After the second week of practice 75% of the registration fee will be returned and bef, 50% returned before the third week of practice. No refunds thereafter.

All refund requests must be made in writing and hand delivered to your child's coach.

PARENT PARTICIPATION

- Milford Youth Football & Cheerleading is a volunteer organization, and in order for the program to be successful, we must have shared participation by all parents/guardians of the children involved.
- In order to ensure a 2009 season with full parent participation, the Board of Directors will implement the following strategy.

SIGN-UP

- All parents/guardians (ages 18 and older) will be required to complete two game day chores per child participant. However, if your circumstances do not allow you to contribute your time, we provide the option of paying \$50.00 as a buy-out. We discourage this and hope it is used only as a last resort.
- All parents/guardians will be given the opportunity to sign up for game day duties prior to the start of the season.

FUNDRAISING

In order to keep the program financially stable, MYF&C will require a mandatory Fundraising Campaign once a year. The format of the campaign and required dollar amount will change from year to year depending on the success of the previous year and the forecasted expenses of the current season.

If the player does not complete the required fundraising program he or she will not be able to play in any games or competitions until the required dollar amount is submitted to the head coach.

The money for the fundraising will be due by the player/cheerleader prior to the start of the season.

GAME DAY DUTIES

- The game day chores include, but are not limited to, the following.

Chains	Play Spotter MPR
Game Video	Field Preparation
10-Play Monitor	50/50 Raffle/sponsorship
Concession Stand	Field Clean-Up
Concession Stand Set up	
Game Announcer	

NOTIFICATION

- A master list of game day assignments will be distributed with our newsletter via e-mail. You can also find the master list on our website.
- A list of game day assignments for the upcoming game will be given in every e-mail newsletter.
- If, for whatever reason, you cannot satisfy your participation commitment for a particular game, it is your responsibility to find a suitable replacement and to notify the Team Parent. Replacement must be 16 years old.

CONSEQUENCES

- In order to ensure that all volunteer commitments are met, the Board of Directors has agreed to the following consequence for noncompliance.

- If any parent/guardian is absent from a game day assignment, their child will not be allowed to participate in that day's game. For parents whose assignments are after their child's game that day, the consequence will be carried forward to the next week's game.

COMMUNICATION

NEWSLETTER

- MYF&C will publish a weekly newsletter via e-mail. This newsletter will provide you with information about upcoming activities including, but not limited to, the following:

Information about changes to practice or game schedules.

A list of parent participation assignments for the upcoming game.

The newsletter is generally distributed by Thursday night's practice. The newsletter is also available on our website.

LEAGUE WEBSITE

- Milford Youth Football & Cheerleading has a new website that provides a variety of information including game schedules, scores, and other events. Please feel free to visit www.milfordayfc.com

FEEDBACK

- It is the goal of MYF&C to provide a fun and rewarding experience for your child. We encourage your positive suggestions. The Board of Directors is committed to continually improving upon the fine HAWKS tradition.
- In order to ensure that your questions, concerns, comments, or suggestions are addressed by the people that are directly involved, we ask that you follow the following line of communication.

TEAM SPECIFIC

- If you have a question, concern, comment, or suggestion regarding a specific team, please speak directly to the *Head Coach* of that team first. In order to respect the effort required at practice and on game day, we ask that you speak with the Head Coach before or after practices, and not during practice or on game day.

- If you feel that the Head Coach was unable to help you, you should then speak to the *Football Director* or the *Cheer Director*.
- If, at this point, your question, concern, comment, or suggestion has not been addressed to your satisfaction, you should feel free to bring the matter before the *Board of Directors*.

BEHAVIOR

- Milford Youth Football and Cheerleading is committed to promoting the proper ideals of sportsmanship, ethical conduct, and fair play at all Team and League activities. Both organizations will oppose instances and activities which are not centered on the best values of athletic competition in order to ensure the well being of all youth athletes. We will expect acceptable standards of good citizenship and proper regard for the rights of others.

PARENT/GUARDIAN BEHAVIOR

- MYF&C does not try-out or cut any child from the program. For some, this is the first time they have ever played contact football or participated on a cheerleading squad.
- Our goal is for every child to learn the fundamentals of football or cheerleading while enjoying a great athletic and teamwork experience. The goal of this program is not simply to win games.
- You will find it easy to get caught up in the excitement of the game. However, we ask that you remember that this is not the NFL, collegiate, or high school football. Please keep your comments positive and encouraging. We ask that you set a positive example for the children.
- The coaching staff has a very difficult job. They are not compensated in any way. Not all plays will work, not all calls will be good. We ask that you shout your encouragement and keep the negative comments to yourself. The coaching staff works very hard for your child, and they need as much encouragement from you as possible.

MYF&C SPORT PARENT/GUARDIAN CODE OF CONDUCT

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of sports is achieved when competition reflects these “six pillars of character.”

Parents/guardians therefore agree to the following:

1. I will not force my child to participate in sports.
2. I will remember that children participate to have fun and that the game is for youth, not adults.
3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
4. I will learn the rules of the game and the policies of the league.
5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.
6. I (and my guests) will not engage in any kind of unsportsmanlike-like conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
7. I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.
8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
9. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex, or ability.
10. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
11. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
12. I will never ridicule or yell at my child or other participant for making a mistake or losing a competition.
13. I will emphasize skill development and practices and how they benefit my child over winning. I will also de-emphasize games and competition in the lower age groups.
14. I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
15. I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.
16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sports events. This includes no use of drugs and alcohol while transporting my child to and from practice and/or games.
17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

I also understand that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to, the following:

- Verbal warning by official, head coach, and/or head of league organization
- Written warning
- Parental game suspension with written documentation of incident kept on file by organizations involved
- Child's forfeit of participation through the official or coach
- Parental season suspension

CHILD PARTICIPANT BEHAVIOR

- Drinking of alcoholic beverages, tobacco use, or use of drugs is strictly forbidden. Violators will be immediately suspended from the program pending review of the Board of Directors.
- Use of foul language will not be tolerated.
- Misconduct at practice or during a game will not be tolerated.
- Misconduct in the parking lot before or after practices and games will not be tolerated.

MYF&C YOUTH ATHLETE CODE OF CONDUCT

It is the responsibility of the player/cheerleader to:

1. Demonstrate self control and respect for their coaches, officials, and spectators at all times.
2. Remember that participation in sports should not be abused by unsportsmanlike-like conduct.
3. Respect the other team and shake hands after the competition and congratulate them on their performance.
4. Respect the integrity and judgment of the officials.
5. Remember that behavior while in uniform reflects on the team, the family, and the community. No showboating allowed.
6. Understand and abide by the rules.
7. Accept winning and losing with grace and dignity.
8. JUST SAY NO to drugs, alcohol, and tobacco.
9. Treat other players, coaches, officials and spectators with respect regardless of race, creed, color, gender, sexual preference, or ability.
10. There will be no intimidation, hazing and/or fighting

I also understand that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to, the following:

- Verbal warning by official, head coach, and/or head of league organization
- Written warning
- Player/Cheerleader game suspension with written documentation of incident kept on file by organizations involved
- Game forfeit through the official or coach
- Player/Cheerleader season suspension

BULLYING / CYBER BULLYING POLICY

The MYF&C Board strives to provide a safe, positive climate for the players and cheerleaders. Therefore, the Board will maintain an environment in which bullying and cyber/electronic bullying of any type will not be tolerated.

Bullying will be defined as, but not limited to, the following:

- An intentional act of an unwelcome verbal, written, or physical conduct by a player or cheerleader which is directed toward another player or cheerleader that has the effect of the following: physically, emotionally, or mentally harming a player or cheerleader.
- Creating a hostile or intimidating environment that interferes with the player or cheerleader development.

Cyber bullying includes, but is not limited to, the following:

- use of technology, by the way of electronic tools such as (but not limited to) email, text, instant messaging, blogs, MySpace, Twitter, FaceBook, or any other electronic media which results in the effect of bullying as defined above.

Any incidents of bullying or cyber bullying should be reported to the head coach immediately.

The Bullying / Cyber Bullying Policy will be enforced both on and off the field, from the start to the end of the season, including any MYF&C event that takes place during the off season, or if the subject of the transmission includes football or cheer related topics.

Any such event of bullying or cyber bullying will be considered on a case-by-case basis by the MYFC Board of Directors and Officers in private/executive session.

This is a zero tolerance policy and any parent, player, or cheerleader who violates the policy will be penalized. Such penalty to include: warning, suspension, or exclusion from the program without refund.

PETS

- Dogs, cats, or any other pets are not allowed at Fino Field and all other practice facilities.
- As a courtesy to our hosts, we ask you not to bring pets to our away games.

PROGRAM IN GENERAL

If you have a question, concern, comment, or suggestion regarding the MYF&C program, please feel free to contact any member of the *Board of Directors*.

TRAVEL

MYC&F is part the Central Mass AYF which is a travel league, we will need to travel to towns located with the Central Mass League. From time to time we may be required to travel out of state for either a football game or cheer competition.

PREPARATION

EQUIPMENT DISTRIBUTION

- MYF&C YOUTH provides most of the equipment necessary for football players and cheerleaders. A specific date for equipment distribution will be determined and you will be notified by email.
- At least one parent/guardian must be present to ensure that all the required documentation is in order. THE CHILD PARTICIPANT CAN NOT START PRACTICE UNTIL ALL PAPERWORK IS COMPLETE. Therefore, equipment will not be provided until all paperwork is complete.
- The child participant must be present to ensure the proper equipment fit.
- Please bring some type of bag (i.e., plastic grocery bag) to make it easier to carry some of the equipment.
- To completely ensure the proper equipment fit, please have your child try on all equipment at home before the first practice session. If something does not fit, please return the equipment for exchange before the start of the first two practice sessions.

EQUIPMENT INFORMATION

- Football players will need to provide the following
 - football cleats
 - girdle

- athletic supporter/cup
- socks.

- MYFC will provide the following for football players
 - game shirt
 - game pants
 - practice shirt
 - practice pants
 - shoulder pads
 - hip pads
 - knee pads
 - tailbone pad
 - thigh pads
 - helmet

- Before the start of the season, the football information page on the website will be updated with a list of specifics, where you can get them and an estimated cost as well as a list of replacements costs.

- Cheerleaders, depending on your team, will need to provide the following personal items
 - cheering sneakers or similar
 - competition sneakers
 - cheer curls
 - clinic fees
 - hair ribbon

- MYFC will provide the following for cheerleaders
 - cheering vest or sweater
 - shirt
 - leotard
 - pompons
 - briefs

- Before the start of the season, the cheerleading page here on the website will be update with a list of specifics, where you can get them and an estimated cost.

- Child participants are not allowed to wear pierced earrings, watches, or jewelry of any kind during practices and games. Tape and adhesive bandages are not allowed over pierced earrings. EXCEPTION: Medical I.D. is allowed, but must be taped to the body. Chewing gum during games or practice is not allowed.

- Absolutely no changes or modifications to MYF&C Equipment without prior approval from the Equipment Manager.

- It is the responsibility of the parent/guardian for the care of all equipment provided. This includes the proper laundering of all clothing.
- At no time should any stickers EVER be removed from the helmets. This instantly voids the warranty.
- The protective equipment should never be cleaned with anything other than warm soapy water and a soft cloth and allowed to air dry. Chemicals or abrasive cleaners will damage the plastics and may adversely affect their ability to protect the athletes.
- Uniforms must be washed inside out in cold water and hung to dry. Dryers can be used only if there is a “no heat” setting. Stains may be pretreated sparingly with commercial treatments such as Shout and rubbed gently with a soft cloth.
- It is the responsibility of the parent/guardian for the return of all equipment provided.
- The parent/guardian will be responsible for paying the replacement cost of equipment that is not returned.
- The proper use and technique will be discussed by the coaches during the first practice. Football equipment should only be used under the supervision of the coaching staff during practice or games. A football player should never strike an opponent helmet first or meet helmet to helmet.
- When the league issued equipment is lost, stolen or damaged due to negligence or misuse, the coaching staff needs to be notified immediately. Equipment damaged through normal wear will be exchanged by the coach.
- After the final game of the season the coaches will select a date and location to return the entire set of league issued equipment, building in time to allow for cleaning mentioned above. For health and safety, it is mandatory that equipment MUST be cleaned prior to being returned. Participants not returning their equipment on time or missing will be billed at replacement costs.

PRACTICE (GENERAL – FOOTBALL)

- Practice will be held at Plains Park for the 5th grade team and under. Fino Annex for the 6th and 7 grade teams. Vatalato Field for the 8th grade team.
- Before the start of the school year, the practice per week cannot exceed 10 hours per week, once the school year starts the practice hours are reduced to 8 hours per week. Teams will practice between 2 & 5 sessions per week plus games.

- Practice sessions will be held on Monday through Friday, between the hours of 5:00 pm to 9:00 pm unless otherwise noted. Specific times will be determined by the head coach.
- Later in the season, as daylight dictates, the hours of the practice sessions may change. If a change occurs, you will receive notice in the weekly newsletter or by the head coach.
- Starting on the fifth practice session, the football players start contact drills and the cheerleaders start to learn their stunts. Football players are required to wear all of their equipment from this point on, unless specified differently by the Head Coach.

PRACTICE (GENERAL – CHEERLEADING)

- The commitment for cheer gets greater as your child gets older. Our youngest cheerleaders practice on average 2 days a week beginning at the end of July until the beginning of school. Once school begins, the youngest cheerleaders practice a maximum of one day per week. Our older cheerleaders practice on average 2 or 3 days a week beginning at the end of July until the end of November and possibly into the middle of December. All cheerleaders cheer for the football players once per week on either a Saturday or Sunday from mid August until mid November. Please plan all summer and fall vacations accordingly.
- Our youngest cheerleaders practice at Tomaso field. Our 15 and under team practices at Votalato and our 13 and under team practices at Tank. Practice times and days are determined by the head coach. Practices are usually 1 ½ - 2 hours in length.
- All cheerleaders will attend a fun competition in early fall. The older cheerleaders will also compete at a local competition (usually in mid October in Lowell) and then possibly a regional competition (usually Thanksgiving weekend, location to be determined) and then possibly a national competition (usually mid December, location to be determined). The younger (non-competing) cheerleading teams will attend and exhibition at local competition. If your child is part of a competition squad, it is extremely important that they understand the time commitment as well as the length of the season. Routines need to be completely rechoreographed if a cheerleader drops once the season begins.

- For all practices, cheerleaders should be wearing shorts or sweats, a t shirt or sweatshirt (without a hood), socks and sneakers. Cheerleaders cannot be wearing jeans or jean shorts, flip flops or crocs. All cheerleaders should also bring a water bottle to each practice. All cheerleaders need to come to practice with their hair up in a high pony tail so that their hair is off their shoulders. No gum is allowed. Cheerleaders may bring a small snack for any practice lasting over 2 hours or if medically necessary.
- Later in the season the cheerleaders will begin to practice indoors. If a change occurs, you will receive notice.
- Please be punctual when picking up your child. Practice will end on time so that you may pick up your child at the scheduled time.

MASCOTS

Mascots are at the discretion of any individual League. The following are guidelines for leagues who offer Mascots:

- A Mascot must be at least 5 years old.
- A participant can be a Mascot if they are not old enough to be included in any other division which is offered.
- A Mascot will be registered as any other applicant and is required to fill out registration paperwork.
- Mascots are our youngest cheerleaders and should not perform any stunts or any other activity with the exception of crowd participation sideline cheers/chants. Great care should be taken if allowed to be a part of halftime routine.
- Mascots should not be in the area of stunt groups performing in a halftime routine. A safety concern exists caused by the difference in age, maturity and skill level between the Mascot and the rostered participant.
- Mascots Uniform consists of Sweater, T-shirt, Skirt, Socks, and Bloomers.

PRACTICE (WEATHER)

- MYF&C will practice and play in the rain, snow, heat, and cold.
- If the weather conditions are questionable at the start of practice, the Board of Directors and or the head coach will determine if practice will be cancelled within the first 15 minutes of any scheduled practice.
- If it begins to thunder and/or lightning, practices and games will be stopped immediately and the players/cheerleaders will be brought indoors. After a 20 minute delay with no thunder and/or lightning we will resume practice. If weather conditions continue MYF&C Youth Board of Directors will make the decision whether to cancel games or practice.

- You are responsible for picking up your child following such cancellations. If the weather conditions are questionable at the start of a game or a practice, we recommend that you stay instead of dropping off your child.
- In the event of bad weather or rain, all practices will be cancelled. If practice begins and it starts to rain, practice will end early and all parents will need to pick up their child promptly. There will be a hotline number to call to keep cheerleaders and their parents informed of everything going on with the team. Emails will also be sent to all parents.

PRACTICE (ABSENCES)

- Football and cheerleading are sports that require a significant amount of practice to ensure the safety of all participants. Therefore, unexcused absences will not be tolerated.
- Each participant will be allowed two unexcused absences in the month of August. After the third unexcused absence, appropriate action will be discussed with the player, parent, coach and the MYF&C Board.
- Each participant will be allowed two unexcused absences once the season starts (September/October). After the third unexcused absence, appropriate action will be discussed with the player, parent, coach and the MYF&C Board.
- Communication from a parent/guardian explaining an absence from practice is required. Otherwise, the absence will be considered unexcused.
- The only acceptable excuses for absences are family vacation, illness, injury, or family emergency. Family emergency constitutes as an accident, death, or serious illness in the family.
- Participants must complete a minimum of four hours of practice (two sessions) during the week prior to every scheduled game. This rule applies whether or not the absence is excused or unexcused. Otherwise the participant will not be allowed to participate in that weeks game. Warm up prior to a game does not constitute as a practice session!
- Habitual lateness during the season may result in reduced playing time, or ineligibility to participate in the scheduled games.

PRACTICE (CONDITIONING)

- MYF&C requires that every child complete ten hours of conditioning drills before they participate in any football contact drills or cheerleading stunts.
- Football players are required to wear their helmets, cleats, and t-shirts for conditioning week.

TEAMS BY DIVISION & OTHER IMPORTANT INFORMATION

These are the division classifications as defined by American Youth Football that Milford Youth Football will be competing within. First, second and third grade teams will not be used.

INSTRUCTIONAL DIVISION*		
Team	Age as of July 31	Max dressed weight
Tiny Mite	7 and under	85 + 5 = 90
Mitey Mite	9 and under	100 + 5 = 105
1 st Grade	Protected age 7 as of 12/31	Unrestricted
2 nd Grade	Protected age 8 as of 12/31	Unrestricted
3 rd Grade	Protected age 9 as of 12/31	Unrestricted
*Instructional Division can be established/adjusted as your conference sees fit, adjust to the needs of your area with this chart as a guideline.		
Sample playing rules for instructional division can be found online.		
Pre-game weigh in must be conducted prior to each game.		

ALL – AMERICAN DIVISION			
Grade Based / Age Protected			
Grade Max.	Age Range	Protected Age	Protected Age Explanation
4 th	8/9/10	10	10 in 4 th grade can not turn 11 on or before 12/31
5 th	9/10/11	11	11 in 5 th grade can not turn 12 on or before 12/31
6 th	10/11/12	12	12 in 5 th grade can not turn 13 on or before 12/31
7 th	11/12/13	13	13 in 5 th grade can not turn 14 on or before 12/31
8 th	12/13/14	14	14 in 5 th grade can not turn 15 on or before 12/31
Grades can be combined.			

HOME GAME LOCATION

MYF&C home games will be played on Fino Field.

AWAY GAME LOCATIONS

MYF&C away games could be governed by the Central Mass schedule.

CHEERLEADING “COMPETITION” RULES

American Youth Football has made a ruling nationally that any cheerleading squad that places at the regional cheerleading competition is required to go to the national cheerleading competition. ***It is no longer an option for a squad to go to the regional competition only.***

If a squad places 1st or 2nd at the regional competition and does not go to the national competition, that town will be ***severely*** penalized. The town will not be allowed to compete at any level (local, regional or national) the following year and a heavy fine will be placed on the organization. These rules may change as the season progresses, but this is the current ruling from nationals.

MINIMAL PLAY RULE

- MYF&C requires that each and every eligible football player play a minimum of 8-10 plays per game depending number of players per team.
- The plays of every eligible football player are monitored by representatives from each team during the game to ensure compliance with the minimum Play Rule.
- All playing time in excess of the minimum play rule during each game is earned by the participant. This additional playing time is earned by the participant’s effort and attitude and ability during the practice sessions and the games.

MEDICAL FACILITIES/SPECIAL NEEDS

- A certified EMT will be present at all home games. If your child has any special medical needs (i.e., asthma, allergies, contact lenses, medications, etc.), please be sure that your child’s Head Coach is informed prior to the start of your child participating in football or cheerleading. Any conversations with a member of the coaching staff will be confidential.

INJURY

- Football and cheerleading are rigorous physical sports and therefore there is a risk of injury for all participants.
- Please promptly report every injury, regardless of how minor, to a member of your child’s coaching staff.
- Please promptly report every injury, regardless of how minor, to the head coach. For insurance purposes, it is necessary for MYF&C to complete and file an Injury Report form.

- **It is the responsibility of the parent/guardian** to ensure that any injury is reported to MYF&C Board and that the required reports are completed. Otherwise, insurance coverage may be denied.

Thank you and have a great season.

Sincerely,

Milford Youth Football and Cheer

Please Sign, Detach, and Turn In the 1st Week of Practice

This form needs to be returned to the head coach during the first week of practice. If you have more than one child in the program, please complete one form and give copies to each head coach.

I, _____, recognize that I have read the MYF&C Parent Handbook and that I understand and will comply with the sections listed within.

I understand that noncompliance with the MYF&C Handbook may subject my child to be inedible to participate in MYCF activities during the season.

Signature

Date

Home Address

Phone #

Children's Name
