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Major League Lacrosse and CONNY Youth Lacrosse Ask Athletes "What Does Lacrosse Mean To You"

Eight winners from the essay contest will be part of the Semi-Final Game in Fairfield, CT

Boston, MA (April 5, 2016) - *What does lacrosse mean to you?* One simple question can ultimately give eight kids the chance of a lifetime: the chance to be a part of a Major League Lacrosse (MLL) Semi-Final Game.

MLL announced today an essay contest in conjunction with CONNY Youth Lacrosse (CONNY) that will give youth lacrosse players the opportunity to participate as a ball boy/girl during the 2016 Semi-Final Game at Rafferty Stadium at Fairfield University on Saturday, August 13.

"We're excited to be working closely with CONNY again, on this Semi-Final Game and providing kids the opportunity through this essay contest to be part of the action so close to the field," says MLL Commissioner David Gross.

The essay contest is open to all youth lacrosse players ages 12 and up. Those interested in the chance to join the playoff action must submit an essay of up to 500 words, double-spaced, answering the question, "What does lacrosse mean to you?" Jack Couch, Secretary of CONNY Lacrosse, will review the submitted essays and a selection committee will choose eight deserving winners.

"CONNY is thrilled to be teaming with the MLL once again on our essay contest," says President Emeritus of CONNY Bob Russell. "The opportunity for all of our players and their families to be gifted with the chance to not only watch the best lacrosse players in the world compete, but to be an integral part of the game will make for an amazing experience."

CONNY is one of the preeminent volunteer-run associations for youth lacrosse in the United States. Roughly 16,000 boys and girls, ages 6 to 15, play on CONNY's community-based, non-profit teams across Connecticut, New York City and southeastern New York. The mission of CONNY is to promote the growth of youth lacrosse in a safe and fun manner while also demonstrating the value of great sportsmanship with respect for the game. CONNY has produced some of the finest collegiate players in the country and over 30 current and former MLL athletes.

major league lacrosse

The essay contest is open for both male and female lacrosse players. Winners will be required to wear full protective equipment for safety: full padding equipment and helmets for males and goalie equipment and helmets for females.

If you are interested in participating in the contest, please submit your essay along with your name and a legal guardian's name, email and phone number to RMRussell4@gmail.com by **Friday, June 3**. The winners will be chosen and announced by **Wednesday, June 15**.

Tickets for the Semi-Final Game at Rafferty Stadium have officially gone on sale. To purchase individual or group tickets for the game, please visit the event page [HERE](#).

About Major League Lacrosse

Major League Lacrosse (MLL), the premier professional outdoor lacrosse league, was founded by Jake Steinfeld and is headquartered in Boston. Major League Lacrosse commenced play in June 2001 and will embark on its sixteenth season. MLL has continued to lead the sport of lacrosse into the mainstream of competitive team sports. The league is made up of nine teams: The Atlanta Blaze, Boston Cannons, Charlotte Hounds, Chesapeake Bayhawks, Denver Outlaws, Florida Launch, New York Lizards, Ohio Machine and Rochester Rattlers.

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