

Safety Code for Little League

1. Responsibility for safety procedures should be that of an adult member of the local league.
2. Arrangements should be made in advance of all games and practices for emergency medical services.
3. Managers, coaches, and umpires should have some training in first aid. First aid kit should be available at the field.
4. No games or practices should be held when weather or field conditions are not good, particularly when lighting is inadequate.
5. Player area should be inspected frequently for holes, damage, stones, glass and other foreign objects.
6. Dugouts and bat racks should be positioned behind screens.
7. Only players, managers, coaches and umpires are permitted on the playing field during play and practice sessions.
8. Responsibility for keeping bats and loose equipment off the field of play should be that of a regular player assigned for this purpose.
9. Procedure should be established for retrieving foul balls batted out of the playing area.
10. During practice sessions and games, all players should be alert and watching the batter on each pitch.
11. During warm-up drills, players should be spaced so that no one is endangered by errant balls.
12. Equipment should be inspected regularly. Make sure it fits properly.
13. Pitching machines, if used, must be in good working order (including extension cord, outlets, etc. and must be operated only by adult managers and coaches.
14. Batters must wear protective NOCSAE helmets during practice as well as during games.
15. Catchers must wear catcher's helmet (with face mask and throat guard), chest protector and shin guards. Male catchers must wear long model chest protector (divisions below Junior/Senior League), protective supporter and cup at all times.
16. Except when runner is returning to a base, headfirst slides should be avoided.
17. During sliding practice bases should not be strapped down.
18. At no time should "horse play" be permitted on the playing field.
19. Parents of players who wear glasses should be encouraged to provide "safety glasses."
20. Players should not wear watches, rings, pins, jewelry or other metallic items.
21. Catchers must wear catcher's helmet, facemask and throat guard in warming up pitchers. This applies between innings and in the bullpen. Skull caps are not permitted.