

MONROE LACROSSE

Coaching Requirements

January 30, 2014

Thank you for volunteering your time to coach lacrosse this year! We all appreciate the donation of your time and talents to the kids in our program.

In an attempt to standardize our coaching philosophy, meet US Lacrosse and CONNY league requirements, and ensure a base-line level of expertise, we ask all coaches to obtain the following prior to the start of the season:

- **US Lacrosse Membership** - \$50, annual, effective through 6/30
- **NCSI Background Check** (via US Lacrosse) - \$20, good for 2 years
- **US Lacrosse Level 1 Online Course** - free, complete once
- **PCA Double-Goal Coach I Online Course** (via US Lacrosse) – free with promo code: **USLacrosse2014DGC**
- **CONNY Lacrosse Online Rules Test** - free, annual

Applies To

- Boys AND girls coaches
- Head coaches AND assistant coaches (all coaches on the sideline)
- MLA Board Members (just USL Membership and background check)

Helpful Links

Register for the US Lacrosse requirements:

<http://www.uslacrosse.org/participants/coaches/coaching-education-program/certification-information/level-1-certification.aspx>

Take the CONNY Lacrosse Online Rules Test (when available):

<http://www.connylacrosse.org>

Reimbursement

We will reimburse you for the cost to obtain any of these requirements. Please forward any invoice to our treasurer Tate Elliott at tate.elliott@snet.net.

Tracking

Please complete these requirements before the 4/1 official start of the spring season. There is no need to submit any proof of completion if you join US Lacrosse under the Monroe Lacrosse Association program. US Lacrosse gives program administrators the ability to track coaching certification status online.

***** Note: Please add us to your account as an additional program, if you are involved in several programs.**

Finally, we also encourage you to continue with the additional coaching courses and clinics offered through US Lacrosse. Please contact me with any questions.

Thank You!

Rob Memmesheimer
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