

West Newbury Youth Soccer – Fall 2010

The Fall 2010 Season will commence during the week of August 30th. Practice times for U10 teams will be confirmed upon selection of coaches. All U8 teams will have an Opening Day on Wednesday, September 1st. The K and PreK programs will begin on Saturday, September 11th. There will be no soccer activities during Labor Day Weekend or Columbus Day Weekend. The last day of the season is November 6th (U10 may extend to November 13th to allow for a bye week in the schedule).

Registration Note: All registrations and payments must be done through the league website, www.westnewburyyouthleague.org. Parents must register themselves first (if they have not done so previously), and then enter details of their children. All information regarding schedules, games, practices, etc. will be posted on the website, sent via email and/or text message. Registration begins on May 17th and ends on June 18th. Late registrations will only be accepted on a space available basis and are subject to a \$15 late fee.

U-10 – MVP League

U-10 is for children entering 3rd and 4th grade in September 2010.

The MVP League consists of teams from Merrimac, Groveland, West Newbury and Newburyport. Games are played on Saturday's and there will be at least one practice per week. The objective of the MVP League is to provide a non-results based league in which all the teams are of equal strength, yet start to introduce a competitive game with rules and referee's.

West Newbury will enter boys and girls teams into the MVP League. The number of teams will depend on the number of players who register. Players are required to wear a uniform for games. Games and practice schedules will be provided to each child prior to the start of the season.

The registration fee for MVP League is \$45/child.

Note: West Newbury will continue to use the red uniforms first used in Fall 2009 (you do not need a new uniform if you purchased one last year). Parents are responsible for buying a uniform, consisting of jersey, shorts and socks from Amesbury Skate & Sport, for a fee of \$22. The price for the uniform is not included in the registration fee. Uniforms will be available after August 1st, an email reminder will be sent during August.

U-8 League

The U-8 League is for children entering 1st or 2nd grade in September 2010. There will be separate boys and girls leagues. All practice sessions and games are held at the Bachelor Street Fields. Opening day is Wednesday, September 1st for both the boys and girls leagues. After Opening Day, practice times will revert to the schedule detailed below.

The U-8 League will play games on Saturday mornings. In addition, each U-8 team will have a practice session during the week. The program consists of 15 - 30 minutes of instructional soccer in a social and fun atmosphere and 15 - 30 minutes of a scrimmage each week. The teams are single sex and each team has between 7 and 10 players. The scrimmages are 5 x 5, goalies will be introduced as the season progresses.

Timing of practice and games as follows:

U-8 Boys Practice on Wednesdays from 5:00 pm until 6:00 pm
 Games on Saturdays from 9:45 am until 10:45 am

U-8 Girls Practice on Thursdays from 5:00 pm until 6:00 pm
 Games on Saturdays from 8:30 am until 9:30 am

A West Newbury soccer t-shirt (with a team color) will be provided to all U-8 players and is included in the \$40 registration fee. Shin guards are mandatory and cleats are highly recommended.

K-League and PreK-League

The K-League is for children entering kindergarten in September 2009. The Pre-K league is for children aged 4 and 5 not entering kindergarten in the fall (must be 4 years old before September 1, 2010). All practice sessions and games are held at the Bachelor Street Fields.

The K-League and PreK-League play on Saturday mornings. The program consists of 15 - 30 minutes of instructional soccer in a social and fun atmosphere and 15 - 30 minutes of a scrimmage each week. The teams are co-ed and each team has between 7 and 10 players. The scrimmages are 4 x 4 with no goalies.

A West Newbury soccer t-shirt (with a team color) will be provided to all K and PreK players and is included in the \$35 registration fee. Shin guards are mandatory and cleats are highly recommended. The K-League and PreK-League will occur Saturday mornings from 11:00 am until 12:00 pm beginning on September 11th.

Coach Development

West Newbury Youth Soccer will continue to offer coaching clinics as well as the opportunity to obtain a license from Mass Youth Soccer for all parents who volunteer to coach (head coaches and assistants). The clinics and the license course are designed to provide ideas about how to organize practices, ideas on parent education, learning theory, and the demonstration of basic techniques. To get the most out of each course, participation in the practical, active sessions is strongly encouraged, but is not required. This activity is not physically rigorous, and lasts approximately one half of each course/clinic. All clinics/courses are provided at no cost to the participants.

Mass Youth Soccer "G" Course - This beginning course for coaches teaches about both coaching organization and theory. The intention of the G course is to help you to become a more resourceful and confident "activity leader"- to combine your enthusiasm and commitment to children with the basic theory and practical exercises that we will provide. The course will cover teaching and correcting dribbling, passing, and shooting technique as well as particular characteristics of PreK, K and U8 players. We have scheduled a "G" course to be held on September 9th at the Page School from 6:00 pm until 10:00 pm.

Mass Youth Soccer "F" Course – This course is available to all U-10 coaches assuming they have successfully completed the "G" course.

CORI Form – Any parent who would like to volunteer as a coach must submit a **CORI form as part of the registration process.**