

Rules & Regulations

of

Wallingford Youth Lacrosse

(Adopted MARCH 22, 2011; Amended Annually Thereafter)

I. LEAGUE PLAY

Adopted MARCH 22, 2011, amending and superseding previous divisional schemes.

1. Each WYL Senior team will play 10 to 14 games with no more than half of the scheduled games played at home. Junior teams will play 10 to 14 games with no more than half of the scheduled games played at home. Lightning teams will play 8 to 12 games with no more than half of the scheduled games played at home and Bantam teams will play one game per week with half of those games played at home. Extra home games may be played if approved by the league treasurer and the teams' coordinator. Each Senior, Junior and Lightning team will play a minimum of six games with no fewer than five other registered CONNY teams.
2. Coaches or managers of the home team will submit all scores for official games to the CONNY website within one week of their completion. Scrimmage games will not be recorded unless agreed to by both coaches.
3. Any team has the right to appeal their ranking with CONNY, to the CONNY Board of Directors.
4. Please refer to the WYL ByLaws concerning Playing Time. (Article 8; Section 3). In addition, a coach does have the right not start a player who misses a practice prior to a game, but this player is still guaranteed playing time.

II. TEAMS

Adopted MARCH 22, 2011, amending and superseding previous grade-based team levels.

1. Teams shall be a senior team, a junior team, a lightning team, or a bantam team.
 - a. **Senior Team:** A Senior Team shall be a team whose players are:
Under age 15 on the December 31st preceding the start of a season. Students must be in the Eighth Grade or lower. If the league feels the benefit of having two Senior teams (A and B level or B, C levels) a mandatory evaluation will take place prior to the first game. All participants MUST be registered with WYL - No members of a team from another member program or a participant not registered with WYL will be allowed to play in a WYL event.
 - b. **Junior Team:** A Junior Team shall be a team whose players are:
Under age 13 on the December 31st preceding the start of a season. If the league feels the benefit of having two Junior teams (A and B level, or B, C levels) a mandatory evaluation will take place prior to the first game. All participants MUST be registered with WYL - No members of a team from another member program or a participant not registered with WYL will be allowed to play in a WYL event

c. Lightning Team: A Lightning Team shall be a team whose players are: Under age 11 on the December 31st preceding the start of a season. If the league feels the benefit of having two Lightning teams (A and B level, or B, C levels) a mandatory evaluation will take place prior to the first game. All participants **MUST** be registered with WYL - No members of a team from another member program or a participant not registered with WYL will be allowed to play in a WYLevent.

d. Bantam Team: A Bantam Team shall be a team whose players are: Under age 9 on the December 31st preceding the start of a season. All participants **MUST** be registered with WYL - No members of a team from another member program or a participant not registered with WYL will be allowed to play in a WYL event.

2. WYL will require formal registration of all players. Such registration shall require, at minimum, the player's name, address, date-of-birth, grade, and signed parental or guardian permission to participate. All players and coaches are required to be members of US Lacrosse.

3. All players on a particular team must have a physical examination within the nine months immediately preceding the commencement of CONNY league play. The physical should be of the nature of a preschool exam or school sponsored athletic participation exam.

4. Players may be of either sex. Females could participate on the Boys Team but Males cannot play on the Girls team

5. Players who live in a community that sponsors a CONNY team must play for the team where the player lives. If a player's community does not sponsor a team, the player is free to join WYL. In the case of these players, teams are prohibited from recruiting players from one CONNY team to another CONNY team. Refer to the CONNY Rules & Regulations for exceptions.

6. A player eligible to play on a Junior Team may "play up" to a Senior Team. However, in no situation may a player "play down" below his or her appropriate age level.

7. WYL participants may not simultaneously play for two teams in our program (e.g. "A" Team and "B" Team; Bantam Team and Lightning Team, Junior Team and Senior Team). Coaches may move otherwise eligible players up or down in the course of the season based on their judgment of the players' skills and development, but no player will play two levels of competition simultaneously and once moved cannot return to prior team during the season. **In the case where a team will be have less than 16 players for a game, an age appropriate player, from another WYL team, may play on the short handed team but, under no circumstance can that player start a game or play prior to any of the original team players. Any violation of the above may include but not limited to the suspension of the coach for the next game.**

8. WYL will accept a ninth grade player to participate on the Senior team with approval from the CONNY Board of Directors, Refer to CONNY By-Laws for guidelines.

9. Under extraordinary circumstance, and by special petition to the CONNY Board of Directors, an old-in-grade 8th grader (a player currently in 8th grade who turned age 15 before the January 1 preceding the season) may play for WYL Senior Team. Refer to CONNY By-Laws for guidelines.

III. RULES OF PLAY

WYL play shall be governed by the current National Federation of State High School Associations Boys Lacrosse Rules except as amended and modified by the CONNY Board of Directors. Each year, the CONNY Board shall review the CONNY Rules of Play to find opportunities to reduce injury, increase the safety of players, increase the educational and learning experience, maintain the balance of the contests, and promote a speed and finesse style of play over a style featuring unrestrained hitting and intimidation tactics. Refer to CONNY Rules of Play for additional information.

ALCOHOL/DRUG POLICY

Adopted MARCH 22, 2011.

WYL games or sponsored events are youth-focused events. As such, the possession or consumption of alcohol or drugs at any WYL game or event is inappropriate and prohibited. This prohibition includes the fields, spectator areas, and parking areas. Individuals who violate this policy may be required to leave the game venue, and in flagrant cases, the team affiliated with them may be required to forfeit the game. Events that **require** the players to wear their **uniforms** are also included in this policy.

IV. TOURNAMENTS/JAMBOREES

Adopted MARCH 22, 2011

- a. All participants **MUST** be registered with WYL
- b. WYL will provide \$500 for tournaments and/or jamborees to the Junior and Senior teams. Lightning teams will be provided \$300 for tournaments and/or jamborees per season and the bantam teams will be provided \$200 for tournaments and/or jamborees (this number may increase or decrease due to budget concerns). Any additional amount requested by a team, for a tournament/jamboree, must have Board approval and needs to be placed on the agenda one week prior to the monthly board meeting.
 - i. All registered members of the requested team are eligible to play and must play equal amount of time. Please refer to the Bylaws concerning Playing Time. (Article 8; Section 3). In addition, a coach does have the right not start a player who misses a practice prior to a game, but this player is still guaranteed playing time
 - ii. WYL uniforms, name or logo may not be used for tournaments/jamborees that have not been approved by the Board
 - iii. A player not registered with WYL may **NOT** participate in a WYL sponsored game
- c. Any violation of the above may include but is not limited to the denial of any future requests made by the team in violation.

V. REFUNDS/PAYMENTS

Adopted MARCH 22, 2011

- a. New players may receive a 100% refund of registration fees, within the first two (2) of weeks of practice.
- b. Injured players may receive a prorated refund that will result in a credit to the following year registration fee or can be refunded by check that same year.
- c. All coaches will be refunded up to \$150 (total) per year for their testing fees, seminars and workshops. Additional costs need prior approval by the Board. Paid invoices are required for payment.
- d. All coaches will be receive a 10% credit/refund for coaching a season payable as a credit the following registration year or by check at the end of that playing year.
- e. All Board Members and Coaches will always receive the Early Bird Pricing.
- f. All payments for officials, reimbursements, refunds etc must be requested in writing at a board meeting for payment.

VI. REQUIRED MEMBERSHIPS IN US LACROSSE

Adopted November 2012

It is a requirement that all players and coaches obtain and maintain active and current membership with US Lacrosse prior to participation in any WYL practice, game, tournament, jamboree or clinic. The following systematic approach shall be utilized to ensure 100% membership of all players and coaches:

- a. Boy's and Girl's Coordinators shall check prior to the first WYL activity (practice, game, tournament, jamboree, and clinic) that all participants (players and coaches) have provided proof of USL membership through the season;
- b. The coach does not permit any player to participate in practices or games until he/she has received clearance from the Boy's and/or Girl's Coordinator for each player;
- c. Boy's and Girl's Coordinators shall performs a mid-season spot check to determine if any players are participating on the team who are not on the verified membership list for US Lacrosse;
- d. Boy's and Girl's Coordinators shall maintain copies of player's and coach's proof of US Lacrosse membership and verifies membership through the US Lacrosse website; and/or
- e. Manage all player and coach membership registrations through www.USLaxTeams.com.