



Autumn 2011

**Practice Waiver Form  
RELEASE OF LIABILITY/ACKNOWLEDGEMENT OF RISK**

**All Players/Parents or Guardians must sign the following waiver to be eligible to participate in pre-season SUNSET LACROSSE activities:**

In consideration of \_\_\_\_\_ (the "Player") participation in SUNSET LACROSSE pre-season activities, including practice, workouts, and/or games, I/we agree to the following: (a) I/we agree to abide by the rules and policies of US LACROSSE, SUNSET LACROSSE, the OREGON HIGH SCHOOL LACROSSE ASSOCIATION, and their officers, directors, officials, coaches, and volunteers; and (b) I/we will familiarize myself/ourselves with the rules of the game and of the field; and (c) the Player will to the best of his or her ability play and practice under control and avoid injury to himself or herself and/or other persons playing, practicing or involved in the activities; and (d) the Player will wear the proper or required equipment at all times.

I/we understand that the Player may lose the privilege of participation should he or she not do any of the above. This same privilege of participation may be lost if the Player's actions are deemed harmful or dangerous to the safety of others. I/we understand and appreciate that participation or observation of the sport of lacrosse and related exercise regimen can be dangerous and constitutes a risk to the Player including the risk of catastrophic or serious injury, including paralysis or death, as well as other losses associated with participation in any athletic activity, such as and including lacrosse.

I/we acknowledge and accept that SUNSET HIGH SCHOOL and SUNSET LACROSSE are only providing an opportunity to participate in voluntary, pre-season activities, and, in consideration for the privilege to play, practice, and workout, I/we voluntarily and knowingly assume all risks and agree to defend, indemnify, hold harmless and release SUNSET HIGH SCHOOL and BEAVERTON SCHOOL DISTRICT No. 48, SUNSET LACROSSE, and the TUALATIN HILLS PARK AND RECREATION DISTRICT, their respective staffs, sponsors, agents, owners, officers, league directors, playing sites, event organizers, coaches, officials, landlords, volunteers, and all others having interest in the pre-season activities, from any and all injury, loss of life or any other loss, damage, liability, negligence, causes of action, claims, demands, and/or damages of every kind which may arise out of or occur as a result of the Player's participation in any and all pre-season lacrosse activities. This release of liability and hold harmless agreement also applies to any and all claims for injury, loss, or damages associated with the transportation of the Player in vehicles owned by parents or guardians, volunteers, other team members, or others.

I/we understand that the Player's participation privilege may be revoked at any time and is non-refundable and non-transferable. I/we have read the above Release and acknowledge and accept any and all risks of participation described above and agree to be bound by the terms hereof.

**Sunday Practice Waiver Form RELEASE OF LIABILITY/ACKNOWLEDGEMENT OF RISK**

PLAYER SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

(if player under 18)

Printed Name Parent/Guardian \_\_\_\_\_

**MEDICAL INFORMATION**

Participant Primary Medical Insurance Carrier/Policy Number/ Name of Policy Holder

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