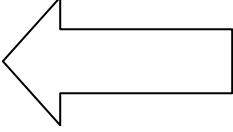
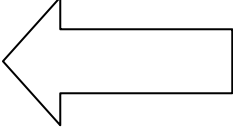
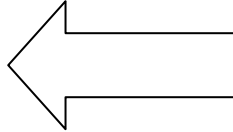
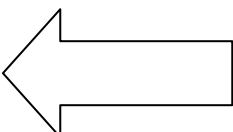
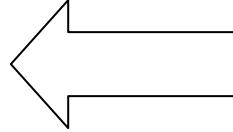
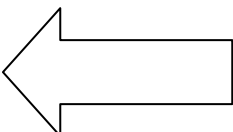
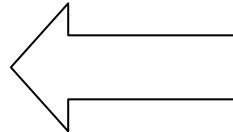
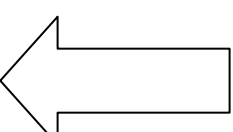


## PLAYER INVESTMENT IN LACROSSE – (Attitude and Effort)

	<b>Exemplary – (5)</b>	<b>Progressing Toward Exemplary – (4)</b>	<b>Proficient – (3)</b>	<b>Progressing toward Proficient– (2)</b>	<b>Deficient – (1)</b>
<b>Punctuality &amp; Attendance</b>	Perfect attendance to all practices, meetings and other team events; always on time to all planned events prepared to learn and improve.		Near perfect attendance to all meetings and practices, on time to planned events prepared to learn and improve. Poorly communicated reasons for tardiness and without coach consent.		Often misses meetings and practices, Often not on time to any planned events; rarely prepared to learn and improve. Poorly communicated reasons for tardiness and without coach consent.
<b>Intensity &amp; Focus</b>	Model intensity and focus in practice and all competitive events, always hustles from drill to drill and always performs to best ability.		Intensity and focus in practice and competitive events, occasionally hustles from drill to drill and performs at times to best ability.		Rarely possesses intensity and focus in practice and in competitive events, never hustles from drill to drill and rarely performs to best ability.
<b>Leadership Ability &amp; Respect</b>	Always serves as a model to players during practice and competitive events, helps teammates with positive attitude, sportsmanship and constructive criticism.		Serves as a model to players during practice and competitive events. Sometimes helps teammates to improve constructively.		Rarely serves as a model to players during practice and competitive events, often criticizes players who make mistakes; brings down the team with lack of sportsmanship and respect.
<b>Coachability</b>	Always listens to coaches during practice and uses their information to improve. Accepts the information and understands its purpose.		Listens to coaches during practice and uses the information to improve. May view the information as criticism rather than instruction.		Rarely listens to coaches during practice and never uses the information to improve. Views the suggestions of the coach as a personal attack.

**Player Name:** \_\_\_\_\_  
**Player Grade (20):** \_\_\_\_\_