



## 2009 NEWTOWN HOLIDAY BASH VARSITY LAX TOURNEY

### OFFICIAL RULES

1. The competition is a 7 versus 7 format, round robin tournament. The team with the best won-loss record will be declared the champion. Tiebreaker is head-to-head competition. In the event of a three-way tie, goal differential will determine the champion.
2. Onside is in effect - 2 players on offense and 3 on defense at all times. Three players may cross the mid line to play offense and defense – therefore, no more than five offensive and six defensive players on their respective sides of the field at all times. There is no restraining line.
3. Each game consists of one twenty minute time period. Time and score are kept on the main scoreboard.
4. Each game begins with a face-off at midfield – midfielders start with one foot on the sideline. Defenders and attackers must remain behind the goal line extended until the referee signals possession. The goalie must remain in the crease area until possession is signaled.
5. All games will be continuous “live play”. After a goal is scored the ball is awarded to the scored upon goalie who puts the ball in play from his crease area. The referee will whistle to indicate that live play has recommenced.
6. The goalie’s first pass after a save or goal must be on the defensive side of the midfield line.
7. When an offensive player takes a shot and the ball goes out of bounds (on either the end line or sideline) untouched by a defensive player, the defense retains possession. If a defensive player deflects a shot out of bounds, the offense retains possession.
8. Penalties are called and served as they are in regular field lacrosse. Penalty time starts when the penalized player takes a knee, out of bounds, at the midline, on the bench side of the field.
9. All player substitutions are on the fly and through the sideline box. Players must be completely off of the field before substitutes may enter the field of play.
10. Team members must wear matching jerseys or tank tops which are numbered.
11. A maximum of three long poles are allowed on the field at one time.
12. In the event of a tie, winners will be determined by “Braveheart” in which two opposing field players face off and play one-on-one against each other and the opposing goalie until one player scores. Goalies may NOT cross the midline into their opponent’s offensive end. All standard possession rules apply on shots and out-of-bounds.
13. Legal body checking is allowed – but no player may take more than three steps before checking an opponent, and there will be NO “take-out” checks. All unsportsmanlike conduct penalties and take-out checks will result in the penalized player’s ejection from the game. Any ejected player will also be forced to sit out the team’s next game. Any player ejected from two games over the course of the tournament will be removed from all remaining games.
14. Coaches and players may not call time-out. Stoppage of play due to injury or other circumstance will only be called by the referee.



## **2009 NEWTOWN HOLIDAY BASH VARSITY LAX TOURNEY**

### **DIRECTIONS TO NEWTOWN YOUTH ACADEMY**

#### **From I-84 East/West:**

Take exit 11  
Turn left at Mile Hill Road  
Go up the hill  
Turn left at Trades Lane  
Follow signs to Newtown Youth Academy

#### **or from lower Fairfield County:**

Take Route 25 North towards Newtown  
Turn right at Mile Hill Road (signs for I-84)  
Across from Reed Intermediate School, turn right at Trades Lane  
Follow signs to Newtown Youth Academy

#### **or from New Haven:**

Take Rt. 34 North towards Newtown (pass under I-84)  
Turn left at Mile Hill Road (follow signs for I-84 entrance)  
Pass entrance for I-84  
Go up the hill  
Across from Reed Intermediate School, turn left at Trades Lane  
Follow signs to Newtown Youth Academy

**THE NYA IS AT THE BACK OF THE FAIRFIELD HILLS COMPLEX – KEEP HEADING TO THE BACK AND FOLLOW THE SIGNS.**

**IF USING GPS OR MAPQUEST, SUGGESTION IS TO INPUT REED INTERMEDIATE SCHOOL AND FOLLOW THE ABOVE DIRECTIONS**



# 2009 NEWTOWN HOLIDAY BASH VARSITY LAX TOURNEY

## Team Roster Form

Team Name \_\_\_\_\_ Team Contact \_\_\_\_\_

	Player Name	Jersey #	Year of Graduation	DOB
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