

LACROSSE XTREME

2009 CAMP



XTREME EDGE

PHILOSOPHY

Our innovative, nationally recognized lacrosse staff, makes it our mission to truly inspire each player to become actively involved in the learning process of correct technique and ultimately raise their game to the next level. Most importantly, with our **17 years of Residential Camp Management** behind us, we create an environment that is safe, rewarding, and most importantly FUN! If your son is passionate about lacrosse and wants the Edge that **LacrosseXtreme** can provide him, join us and we will take his game to the next level. We have limited enrollment for only 80 Residential Students.



Dates: August 2-5th

Boys only

Residential Price \$550

\$50 discount if we receive application by May 15th

Day Camper Price: \$375

\$25 discount if we receive application by May 15th

Day Camper includes total program without sleeping over.

Deposit \$200

Location:

Wilbraham & Monson Academy,
Wilbraham, MA

www.wmacademy.org

Decide • Commit • Succeed

www.lacrossexxtreme.net

printed in USA, Berkshireprinting

Camp Schedule Daily Plan

- 6:30Speed agility and quickness training
- 7:30 Breakfast
- 9:00 Technical Session
- 11:00Free Time- Swimming,
Personal coaching/extra help
- 12:00 Lunch
- 2:00 Technical/Tactical session
- 4:00Free Time- swimming
Personal coaching/extra help
- 5:00 Dinner
- 6:30 Night session- Night games by skill level
- 9:00 Chalk talks
*Movies- Talks on Sportsmanship- Stick stringing session
and college lacrosse prep talk*
- 10:30 Lights Out
- 6-7 hours daily field time
- Div 3 Ages 11-12
- Div 2 Ages 13-14
- Div 1 Ages 15-18

Sponsored by:



www.macwear.com

▲ DETACH HERE AND RETURN ▲

REGISTRATION FORM

NAME: _____ EMAIL: _____

PARENTS' NAMES: _____

ADDRESS: _____

PHONE: _____ AGE AT CAMP: _____

SHIRT SIZE: _____ POSITION: _____ YEARS EXP.: _____

HOW DID YOU HEAR ABOUT US: _____

- DAY
- RESIDENTIAL
- PHOTO USAGE PERMISSION
- \$200 DEPOSIT

I UNDERSTAND INJURIES CAN OCCUR. I DO NOT HOLD LXC, WMA OR ANY OF THE STAFF RESPONSIBLE.

Staff:

30+ Years combined experience committed to player development

Director: Rich Pulisciano

CT Coach of the Year 2001 and 2002 • CHSCA Gatorade Coach of the Year 2002
US Lacrosse Coaches Century Club 2005 • Dean Junior College • Springfield
College Cheshire High school coach • State champion in 2002 • National coach of
the year 2002

Director: Jake Madden

Gordon College-Team Defensive MVP '92
2002 State Champions- Cheshire High school Coach

Brad Heritage, Pro

2X HS All-American, 4 year Starter at Dartmouth College, 2 year MLL with the Chicago Machine and 3
years Long Island Lizards

Mike Gaudio

High School All-American from High School. Played 4 years at Princeton University and now is coaching
in NJ

Jason Ouellet 2X all-American at Hobart College and currently Head Coach at Western CT State
University(Coach of the Year, 2008).

Greg LaCava

Clarkson University. L/P and LP/M • New Milford High School Def coach.
NMYL coach 15 plus years all ages.

James MacEleavy

3X UMass All-American Owner of MacWear Sports
Apparel and Owner of Team Connecticut Lacrosse.

Mike Kelly

HS All-State at Division 3 All-American at Western new England, Played in Div 3 east/west game. HS Coach

Tim Oelogoetz

New Milford Youth Lacrosse 5 years • New Milford High School Head Coach 2001-2007 • S. W. C. I. A. C. Champs
2007 - Tourny all 6 seasons. • Director World Class Lacrosse. Connecticut Sports Complex • Brien McMahon High
School Assistant - State Champs 2000.

Eric Bailey

4 Year Starter Midfielder @ UMASS Amherst...All New England 95', 96'...MVP East West Game 96', North South Game
96'...100 career pts, averaged 2 pts /game

Top Division 1 College Players

A certified trainer will be on hand during camp



**Your son will have a chance to work out and be trained by our top MLL players, College and High School coaches.
On hand will be some of the nations top Collegiate players. Call if you would like to see who will be there. Coach to
player ratio will be 6 to 1. An industry 1st!!!**

mail application to:
LacrosseXtreme
87 Beacon Hill DR Southbury CT 06488

For more information Email:
lacrossextreme@yahoo.com
Phone 203-675-6035