

*Hopkins Mariner Swim Team*  
**SWIMMERS' CODE OF CONDUCT**

THE CODE OF CONDUCT GOVERNS PARTICIPANTS IN THE HOPKINS MARINER SWIM TEAM PROGRAM AT ALL TIMES, AND, PARTICULARLY, DURING PRACTICE AND EVENTS INCLUDING ZONE, SECTIONALS, AND NATIONAL TEAM PROGRAMS AND CAMPS.

**SWIMMERS WILL:**

1. **Obey the coaching staff.**
2. **Wear team suits, caps and designated uniforms such as t-shirts at competitive events.**
3. **Obey all curfews on trips.**
4. **Attend all team meetings.** (If notice is given more than 2 weeks prior to a meeting, swimmers must be excused by the coaching staff before the meeting if they will not attend.)
5. **Arrive for practice on time.** (Any tardiness beyond 5 minutes requires a note from a parent to participate in practice. Arrival at events later than 10 minutes after the start of warm up may lead to the swimmer being scratched from the event.)

**SWIMMERS WILL NOT:**

1. **Purchase, possess or consume alcoholic beverages or tobacco products, including chewing tobacco.**
2. **Purchase, possess or utilize drugs of any kind, unless such use is approved by the swimmer's parent(s) and , where appropriate, is pursuant to a prescription issued by a physician.**
3. **Engage in unsportsmanlike conduct.** (Sportsmanship is required at all times, including without limitations, at practice and at competitive events, in the locker room, on deck, and in public areas inside and outside events and practice facilities. Sportsmanship is demonstrated by respectful behavior toward coaches, officials, parents, teammates, and other swimmers. Sportsmanship is demonstrated by courtesy to other swimmers in your lane at practice. Incidents may occur where a swimmer is present when others behave inappropriately. Sportsmanship requires the wisdom to remove oneself from such situations and avoid being considered guilty by association.)

**VIOLATIONS OF THE SWIMMERS' CODE**

SANCTIONS SHALL BE DETERMINED BY THE COACHING STAFF AND/OR TEAM COMMITTEE IN THEIR SOLE DISCRETION AND MAY INCLUDE ONE OR MORE OF THE FOLLOWING:

1. **A written warning from the coaching staff to the swimmer and his/her parent(s).**
2. **Swimmer being scratched from a meet.**
3. **Swimmer being sent home from a meet or practice at his/her expense.**
4. **Swimmer being suspended from some or all team activities until the swimmer and his/her parent(s) meet with the coaching staff.**
5. **Swimmer being terminated from the team.**

I hereby agree to abide by the rules of conduct set forth herein and acknowledge that I am subject to disciplinary action as set forth herein above.

\_\_\_\_\_  
Signature of the Swimmer

\_\_\_\_\_  
Date

*Hopkins Mariner Swim Team*  
**PARENTAL CODE OF CONDUCT**

THE CODE OF PARENTAL CONDUCT AND SWIMMER'S CODE OF CONDUCT, ARE PART OF THE CONTRACTUAL RELATIONSHIP WHICH GOVERNS SWIMMERS' PARTICIPATION IN THE HOPKINS MARINER SWIM TEAM PROGRAM. COMPLIANCE WITH BOTH CODES AT ALL TIMES IS A REQUIREMENT OF PARTICIPATION.

**PARENTS WILL FOLLOW THE GUIDELINES LISTED BELOW:**

**1. For your swimmer(s):**

- a. Transport your swimmer to practice, often and on time.
- b. Provide a supportive environment.
- c. Allow swimmers to set their own goals with the support of the coaching staff.
- d. Encourage your swimmer(s) to give their best effort all the time.
- e. Attend competitions and show support with positive enthusiasm and good sportsmanship.
- f. Love your swimmer(s) by showing you are proud regardless of their outcome.

**2. For our Team:**

- a. Work on the organization and execution of meets, on team operations and on fund raisers with other team parents.
- b. Volunteer at meets, with other team parents, to fulfill the Mariners' obligation to provide timers at events run by other teams. *(If a meet assignment is not filled, the fines assessed to the team will be divided among those participants in attendance as well as a \$5 per person team inconvenience fee.)*

**3. Parent behavior:**

- a. Be a positive role model.
- b. Demonstrate good sportsmanship, at all times, towards coaches, officials, other parents, and other swimmers including teammates and opponents.
- c. Support the coaching staff by refraining from giving instruction or input on topics within the coaches' are of responsibility.
- d. Avoid conflicts with other team parents and resist making complaints to follow parents about personality or team issues. (Complaints should be addressed to the coaching staff. Camaraderie between parents will make the season pass pleasantly and increase the swimmers' chances of success. Any personal differences that may arise are of small importance compared to this common goal.)

**4. Specifics:**

- a. Do not approach coaches on deck before, during or after practice. You may contact coaches by e-mail or telephone per the information on the flyer about training or performance issues. Coaches will see parents after practice if they have time available, but never on deck. Whenever a concern does not require an immediate response, please communicate with the coaching staff via the team file boxes.
- b. Remember to provide your swimmer(s) with a note if they are more than 5 minutes late to practice.
- c. Contact the appropriate parent volunteer, rather than the coaching staff, with concerns regarding meets, entries, fees, fund raising, etc.
- d. Read the bulletin boards and web site (HMST.us). You are responsible to know the posted information.

**VIOLATIONS OF THE PARENTAL CODE:**

SANCTIONS SHALL BE DETERMINED BY THE COACHING STAFF IN ITS SOLE DISCRETION AND MAY INCLUDE ONE OR MORE OF THE FOLLOWING:

1. A written warning from the coaching staff.

2. The assessment of an additional fee(s) to be paid into the operating account of the team in the event of a parent(s) failure to support team activities.
3. A mandatory meeting to be attended by the adult(s) involved and the coaching staff or its designate.
4. The termination of the swimmer associated with the offending adult(s) from the team.

The undersigned hereby agree to abide by the rules of conduct set forth herein and acknowledge that I (we) am (are) subject to disciplinary action as set forth herein above.

\_\_\_\_\_  
Parent(s) signature(s)\*

\_\_\_\_\_  
Date

\*Should only one parent of a swimmer sign this document, it nonetheless shall apply to all parents of the swimmer and a violation by any parent may be a sufficient basis for termination of the swimmer.