

SPRING INDOOR YOUTH SOCCER

"Dyno-mites"

"Young Stars"



2010 Instructional Soccer Program
For Ages 5-14
At the HOPKINS PAVILION
11000 Excelsior Blvd., Hopkins MN 55343 (952) 939-1410

Instruction Provided by: Hopkins Dynamo Soccer Club

Keith Pavelka, Director of Coaching for Dynamo & Varsity Girl's Coach at Hopkins High School
Assistant Instructors will be qualified Dynamo coaches and Hopkins High School players.

What will we learn? Players will have a fun action packed hour while developing their soccer skills. They will focus on individual skills at our soccer stations for the first part of the hour and the session will end with games.

Soccer techniques include:

Trapping
Passing
Shooting
Dribbling
Small sided games

When? Six 1-hour Saturday Sessions: **March 6, 13, 20, 27 April 10, 17** (No session on April 3)

Dyno-mite times:

8:30am 5/6 years (Kindergarten)
9:30am 6/7 years (1st Grade)
10:30am 7/8 years (2nd Grade)

Young Stars times:

11:30am U9 & U10
1:00pm U11 & U12
2:00pm U13 & U14

Equipment: Participants will receive a Dynamo **t-shirt**. Please bring athletic shoes (no cleats), soccer ball and water bottle. Shin guards are strongly recommended. It is indoors, but dress for cool climate.

Registration: The fee is \$55.00 per child (Save \$5 – Early registration is \$50 postmarked before Feb. 1, 2010.) The program will be filled with the first 40 registrations at each age/time slot. Registration form is on the backside of this flyer. Confirmation postcards with your time slot will be sent to participants in mid-February.

- Online: www.eminnetonka.com starting Dec. 2nd, 2009
- Email: Form available online at any address below. Email to pavilion@hopkinsmn.com
- Mail or Drop off: Make checks payable to City of Hopkins.
Address: Hopkins Pavilion, 11000 Excelsior Blvd, Hopkins MN 55343.

REGISTER EARLY – PROGRAM FILLS FAST!

www.hopkinsdynamosc.org

www.eminnetonka.com

www.hopkinspavilion.com

