

Pennington, NJ

Hopewell Valley Lacrosse



Spring 2016

Sundays, 3-3:45p

April 24 – June 5 (6 weeks)

(No session Memorial Day – May 29)

Toll Gate Grammar School

Pennington, NJ

A 6-week beginner lacrosse instruction program for Boys and Girls ages 6 – 8 (1st – 2nd grade)

PROGRAM DESCRIPTION

Little Laxers offers an introduction to the sport of lacrosse in a relaxed environment. With a focus on basic skill development, the primary purpose of this camp is to show beginners how much fun they can have playing lacrosse while learning the fundamentals of the game.

CHUMASH

For the third year in a row, we will be introducing the 2nd graders to a form of lacrosse called Chumash. It is a fun, age appropriate version of lacrosse that teaches skills in a more game like setting. No checking is allowed so pads are not necessary (for boys) and the girls still just wear their mouthguard and goggles.

BOYS & GIRLS

Boys and Girls will practice separately most of the time; however, we will come together as a large group for certain games and activities when beneficial and appropriate.

EQUIPMENT

Players are required to bring their own lacrosse stick (no mini sticks), a helmet (boys) or goggles (girls), and a mouth guard (molded). To increase comfort and reduce initial equipment costs for families, boys do not need to wear other protective body pads.

FEES

Tuition for the six sessions is **\$100**. We are unable to offer sibling discounts or reduced rates/refunds for missed days. This fee does not include a US Lacrosse Membership (\$25). All tuition fees benefit the Sanderson girls trust.

REGISTRATION

For more information including FAQs and online registration please visit: **WWW.HOVALLAX.COM**