

Lax in the Valley Girls Lacrosse Play Day

Saturday May 30th

Game Day Information

We look forward to welcoming you this coming Saturday for the Hopewell Lax in the Valley Play Day. In advance of the event we wanted to remind you about a few items.

Location

- The play day is being held at The Athletic Fields at Timberlane in Pennington, NJ. The site is ideally laid out and keeps everyone close together and near the fields.
- You can find the fields with Google Maps or Mapquest by using:

289 Pennington Titusville Rd, Pennington NJ 08534

Parking

- On the attached field map, please see the areas that have been allocated for parking.
 - * The primary lot near the center of the fields.
 - There is parking here for cars and vans but buses will not be able to park here. In the corner of the lot nearest field #2 a number of spaces have been reserved and clearly marked for handicapped parking. Please respect these spaces and those having the need to park there.
 - This lot is likely to fill up and because of traffic flow, once this area is full we will not allow later arrivals to "drop off" in this area. We will have volunteers directing traffic throughout the lot in order to keep traffic moving.
 - **Please follow the directions of the volunteers**, in particular, if you are directed to park along the side of the driveway please park nose in where this is indicated in order to create the most parking capacity in this area.
 - * There are additional lots shown on the map that are accessible from South Timberline Dr. These lots provide access to the fields from the back side of the venue and it is only a short walk to the center of the field area. We will also have a volunteer in this area to help direct you. **If you have a significant amount of equipment to move from these lots, please ask the volunteer for assistance and we will dispatch a utility cart.**
- Cars will **not** be allowed to park along Pennington-Titusville Rd or other streets. Please avoid the aggravation of a ticket by using the parking lots. We have a very enthusiastic police department.

Other Site Information

- **Team tents may be set up ONLY in the area marked on the map.** Under no circumstances will tents be allowed behind or immediately adjacent to any field.
- Field 8 along the driveway, the Baseball Field and Softball Field are OFF LIMITS; please inform your players, coaches and fans that under no circumstances can anyone access those areas for any reason.
- Please ask your players to not play catch around the team tent area. Also, we would suggest that players not leave sticks or other valuable equipment unattended in the tent area while they are playing games. Hopewell Valley Lacrosse is not responsible for any lost or stolen items.
- You will see on the map a central location marked with a headquarters tent. We would ask that a coach or manager come by and check in when you have arrived. Additionally, copies of the game schedule may be picked up and will reflect any last minute changes.
- An emergency medical technician (EMT) will be at the headquarters tent. If help is needed please come to or send someone to the tent.
- Sidelines on the map which are marked "Teams" are for teams only. All spectators should be on the opposite side of the field.
- We will have protective fencing up behind the endlines. When you are walking with your teams to the fields, please keep your entire team outside the fencing. Also, please ask your parents to not stand along the endlines. Many of them have not yet been hit by a lacrosse ball and haven't learned the consequences.
- There is plenty of area near/adjacent to fields for use in warming up. Please do NOT warm up in/near team tent area.
- Please ask your team to clean up the area around their sideline after the game, especially empty drink bottles. There will be plenty of trash cans near the fields.

Food / Concessions

- Buzzetta's Festival Foods will be running food concessions this year with an assorted menu of hot and cold foods, drinks, etc.
- Hopewell Valley Lacrosse tournament t-shirts will be on sale at the main HQ tent.
- Vendors will have lacrosse equipment & apparel for sale.
- **ALCOHOL IS STRICTLY PROHIBITED.** Please be mindful that this is a youth sporting event.

Game Information

- The game schedule will be released by 8pm tonight, Tuesday May 26th. As always, we put significant effort into matching up skill levels and avoiding games between teams that already play each other during the season. However, please be aware that based on the number and skill level of teams in each age group, it may not always be possible to avoid certain matchups.
- Each team will play four 24 minute games. This assumes games start on time as all games will end at 24 and 54 minutes past the hour. Please move quickly between fields.
- We are going to play unless weather makes the fields unavailable. In the unlikely event of lightning, all play will stop until the threat is cleared. The game schedule, however, will continue on an uninterrupted basis. In other words, if games are stopped at halftime, and the lightning threat takes 30 minutes to clear, the next game will still start on the hour and the interrupted game will not resume.

- As a reminder, the game format is: **24 minutes Running Clock**

3/4 Games

Passes Needed Before Shooting : 2 Passes and they can occur anywhere on the field

Use of Goalies: Games will be played on a full field. The games will be 11 v 11 (empty nets) unless both teams have a goalie available, and they both choose to play with goalies (12 v 12). If one team has a goalie and the other does not, the game will be played 11 v 11 with no goalies for either team. Coaches will discuss/decide on a game by game basis. No shot stoppers will be used.

Major fouls: Here the USL rules clearly state that if no goalie is present, the free position shot will be indirect. If goalies are being used, it will be direct.

Are the refs enforcing 3 second good defense (closely marked)? Yes. This is a USL rule. I suggest coaches read the description of this rule on page 87 of the Women's Rule Book.

Are we playing regulation restraining lines? Yes. Regardless of 11 v 11 or 12 v 12... it is 7 players in the attacking zone.

If we are playing without goalies can we add an extra field player? No. 12 v 12 with no goalies adds too many players on the playing field. If one or both teams have no goalie, we will play 11 v 11.

5/6 Games

Modified Checking (as defined by US Lacrosse) – Regardless of skill at the **U15 level**, full checking will not be allowed this year.

No Passes Required

Are the refs enforcing 3 second good defense (closely marked)? Yes. This is a USL rule. I suggest coaches read the description of this rule on page 87 of the Women's Rule Book.

7/8 Games

Modified Checking unless **both** teams and the officials agree to **Full Checking** (as defined by US Lacrosse)

No Passes Required

- In deference to our neighbors, we will not be using horns to keep time. The refs on each field will be responsible for maintaining the schedule as shown above. If both teams are ready to play before the official start time, a field may begin its game before scheduled but in order to provide time for switchovers, all games will end at exactly 24 and 54 minutes after the hour.
- As you know, the purpose of this event is to showcase the game of lacrosse for the enjoyment of our young athletes and spectators alike. No winner will be crowned and no trophies will be given out.

We look forward to seeing you on Saturday. If you have any questions or problems on game day, please stop by the Tournament HQ tent.