



LITTLE LAXERS SPRING 2013

BEGINNERS LACROSSE INSTRUCTION

★ Boys and Girls Ages 3 to 8 ★

TIME:

3:00 PM - 3:45 PM

APRIL 28, MAY 5, 12, 19, 26 & JUNE 2

LOCATION:

TOLL GATE GRAMMAR SCHOOL
275 SOUTH MAIN ST., PENNINGTON

PROGRAM DESCRIPTION:

Little Laxers offers an introduction to the sport of lacrosse in a relaxed environment. With a focus on basic skill development, the primary purpose of this camp is to show beginners how much fun they can have playing lacrosse while learning the fundamentals of the game.

EQUIPMENT:

Players are required to bring their own lacrosse stick (no mini sticks), a helmet (boys) or goggles (girls), and a mouth guard (molded). To increase comfort and reduce initial equipment costs for families, boys do not need to wear other protective body pads.

BOYS & GIRLS:

Boys and Girls will practice separately most of the time; however, we will come together as a large group for certain games and activities when beneficial and appropriate.

CURRICULUM:

- * CATCHING
- * PASSING
- * GROUND BALLS
- * SHOOTING
- * DODGING
- * CRADLING
- * STICK PROTECTION
- * FUN!

REGISTRATION:

Tuition for the six sessions is \$150. We are unable to offer sibling discounts or reduced rates/refunds for missed days.

For information and online registration please visit: WWW.HOVALLAX.COM

