

LIVESTONE

GIRLS LACROSSE CAMP

July 26-30, 2009
Limestone College
Gaffney, SC

REGISTRATION INFORMATION

All registration will be completed online. Visit the Women's Lacrosse Camps page at www.golimestonesaints.com and follow the link to the registration page.

Registration deadline is July 1. Late registration will be taken only if slots are still available.

Register by June 1 and receive a free stick!

Campers may also register at www.laxified.com.



MEDICAL AND RELEASE FORMS

All campers must complete the medical and release forms.

These are available at the Limestone Women's Lacrosse Camps page at www.golimestonesaints.com.

For more information, contact Camp Director Scott Tucker by e-mail at stucker@limestone.edu, or by phone at 864-488-4542.


Limestone College
Women's Lacrosse
1115 College Drive
Gaffney, SC 29340

LIVESTONE

GIRLS LACROSSE CAMP



JULY 26-30, 2009
LIVESTONE COLLEGE
GAFFNEY, SC

ABOUT THE CAMP

The Limestone Girls Lacrosse Camp is a progressive developmental camp. Camp coaches will take athletes through a variety of drill stations to fine tune basic skills and develop those skills into more advanced concepts as the week progresses.

The camp will also focus on team concepts and game situations as each camper will be instructed and coached by top college and high school coaches from around the country. Although college players will be on hand for demonstrations, our campers will be learning from NCAA Division I, II, and III coaches as well as top high school coaches. All skill and ability levels are welcome as skill groups are designed for each camper's skill level and age.

2009 CAMP INFORMATION

AGES

Girls ages 12-19

DATES

Overnight Camp: July 26-30

Extended Day Camp: July 26-30, 9 a.m. -8:30 p.m.

PRICING

Overnight Camp: \$440

Extended Day Camp: \$375

CAMP EXTRAS!

- Each camper receives a reversible jersey, lanyard and water bottle.
- **FREE STICK** if you register by June 1.
- Champions from the night games will receive a camp champ t-shirt.
- Individual goalie instruction and video analysis.
- Addition prizes for MVP, hustle, etc... will be distributed daily
- \$30 discount per player for teams of 8 or more registering together. (All must be from the same school.) *Call Camp Director Scott Tucker for information.*
- Contact Camp Director Scott Tucker for information on goalie discounts.

CHECK OUT/CHECK IN INFORMATION

Campers will report to the Dixie Lodge building in the middle of the Limestone College Campus between **1 p.m. and 3 p.m. on Sunday, July 26** for check in. If you have special needs or will be arriving late please inform the director so arrangements can be made. Check out will start at **11:30 a.m. on Thursday, July 30**. Key cards will be returned at Dixie Lodge after room checks have been completed by staff.

All campers must provide their medical history and release forms at check-in on July 26. Campers cannot check in without proper paperwork. More information can be found on camp website on the women's lacrosse page at www.golimestonesaints.com.

Directions to the Dixie Lodge as well as campus and fields can be found online at www.limestone.edu.

DAILY SCHEDULE

MORNING SESSION

8 a.m.	Breakfast
9:15 a.m.	Attendance
9:30 a.m.	Session I
12 p.m.	Lunch

AFTERNOON SESSION

1:30 p.m.	Team Practice
2:30 p.m.	Session II
4:30 p.m.	Free Time
5:00 p.m.	Dinner

EVENING SESSION

6:30 p.m.	Night Games with teams
8:30 p.m.	Extended Day campers depart
9:00 p.m.	Free Time
10:30 p.m.	Room Checks/Lights out

CAMP DIRECTOR

Scott Tucker is entering his 8th season with the Limestone Saints. Tucker currently holds a career record of 110-41. In 2008, he earned his 100th career victory in just 9 years as a head coach.



In his seven years with the Saints, the team has earned five consecutive conference championships and three NCAA tournament semifinal appearances. With those accomplishments came three conference Coach of the Year honors and an Inside Lacrosse National Coach of the Year award. In his 9 years of coaching, Tucker has produced 16 All-Americans, 22 All-Region players, and 26 All-Conference players.

CAMP STAFF

The Limestone Girls Lacrosse Camp boasts some of the most qualified college coaches in the country. Tucker's staff will include top coaches from every division that will provide the campers with top instruction and an opportunity to be seen by various programs.

PROGRAMS REPRESENTED INCLUDE:

Limestone College
University of Connecticut
University of Vermont
Canisius College
Erskine College
Converse College
Tennessee Wesleyan College
Presbyterian College
Queens University

And more to come!

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