**Did you know that**...any high school athlete in California who is removed from a practice or game with a suspected concussion must be cleared by a licensed health care provider prior to return to sport?

The use of computerized neurocognitive testing, such as ImPACT, has become the standard of care in the evaluation and management of sports-related concussion. ImPACT has been used in college and professional sports for more than five years. The test is currently being used in the NFL, NHL, NBA, NASCAR, USA Olympic Team, NCAA, and thousands of high schools across the country. We are excited to be able to offer it locally as well.

The ImPACT test is a computerized test that is very sensitive to the subtle changes in brain function that are not always detected by CT, MRI, or neurological examination. The test measures various aspects of cognitive functioning, including verbal and visual memory, reaction time, attention span, and brain processing speed. It is not a measure of intelligence or IQ.

It is recommended that any athlete involved in contact sport should undergo baseline ImPACT testing. If an athlete is injured with a concussion, a medical professional trained in ImPACT testing will perform a post-injury test. By comparing pre- and post-injury scores, a safe and timely return to sport can be coordinated. It is not uncommon for symptoms to resolve before a concussion injury has completely healed. This makes a recurrent injury much more likely.

**About ImPACT testing:**

Testing takes 30-40 minutes. A signed parental consent **must** be present at the time of testing.

Any athlete who has sustained a concussion within the last 8 weeks should not be tested.

No results from this baseline test will be given at the time of the test.

No evaluation of the results is performed, other than to ensure the test is valid. If the test is invalid, the athlete will be asked to return to clinic for a re-test at no additional charge.

Results from the athlete’s test are stored in a secure database by ImPACT, and not used unless there is a future injury. If needed, the results can be released and used by any certified ImPACT provider.

The tests results will remain confidential and released only with written request.

A baseline test should be repeated every 2 years in the young athlete.

Athletes are encouraged to complete the ImPACT baseline inventory prior to arrival at the test center to speed the testing process.
Baseline Worksheet

Native language: ____________________________ Years of Education Completed ____________________________

Check any of the following that apply:

☐ Received speech therapy
☐ Attended special education classes
☐ Repeated one or more years of school
☐ Diagnosed with ADD or ADHD
☐ Diagnosed with learning disability

Number of times diagnosed with a concussion: ______________________________________________________

☐ Total number of concussions that have results in loss of consciousness
☐ Total number of concussions that resulted in confusion
☐ Total number of concussions that resulted in difficulty with memory of events immediately after injury
☐ Total number of concussions that resulted in difficulty with memory of events before injury
☐ Total number of games that were missed as a result of concussions

Please list your 5 most recent concussions (month/year): ____________________________________________

Indicate whether you have experiences the following. Please circle if yes.

Treatment for headaches by a physician
Treatment for migraine headaches by physician
Treatment for epilepsy/seizure
History of meningitis
Treatment for substance/alcohol abuse
Treatment for psychiatric condition (depression, anxiety, etc)

Current medications: ___________________________________________________________________________

Have you ever had an ImPACT test done before? If yes, when and where?
______________________________________________________________________________________________