

5/6 Grade - Westchester United Scrimmage
Sunday 9/9/2018 11:30am - 2:00pm at Putnam Valley High School

Time	Field	Offense	Defense	Out
11:30-11:42	1	Ossining	White Plains	Rye
	2	Shrub Oak	Cortlandt Panthers	Mamaroneck
	3	Cortlandt Cougars	John Jay	Putnam Valley
11:44-11:56	1	White Plains	Ossining	
	2	Cortlandt Panthers	Shrub Oak	
	3	John Jay	Cortlandt Cougars	
11:56-12:01	Break			
12:01-12:13	1	Putnam Valley	John Jay	Cortlandt Panthers
	2	Rye	Cortlandt Cougars	White Plains
	3	Mamaroneck	Ossining	Shrub Oak
12:15-12:27	1	John Jay	Putnam Valley	
	2	Cortlandt Cougars	Rye	
	3	Ossining	Mamaroneck	
12:27-12:32	Break			
12:32-12:44	1	Shrub Oak	Mamaroneck	John Jay
	2	White Plains	Putnam Valley	Cortlandt Cougars
	3	Cortlandt Panthers	Rye	Ossining
12:46-12:58	1	Mamaroneck	Shrub Oak	
	2	Putnam Valley	White Plains	
	3	Rye	Cortlandt Panthers	
12:58-1:03	Break			
1:03-1:15	1	John Jay	Cortlandt Panthers	Putnam Valley
	2	Ossining	Shrub Oak	Rye
	3	White Plains	Cortlandt Cougars	Mamaroneck
1:17-1:29	1	Cortlandt Panthers	John Jay	
	2	Shrub Oak	Ossining	
	3	Cortlandt Cougars	White Plains	
1:29-1:34	Break			
1:34-1:46	1	Rye	Mamaroneck	John Jay
	3	Putnam Valley	Ossining	Cortlandt Cougars
1:48-2:00	1	Mamaroneck	Rye	Cortlandt Panthers
	3	Ossining	Putnam Valley	Shrub Oak White Plains
2:00-2:15	Wrap-up / Clean-up Field			

Notes / Rules

Each Team will have 3 offensive and 3 defensive series

There are 5 segments of 26 minutes each consisting of 2 series; Each series is 12 minutes which allows for 10-12 plays

Between each series is a 2 minute break plus a 5 minute break between each segment

Minimize coaching between each play to maximize the number of plays you get to run

Field will be split up into 3 segments of 20-25 yards

If you score a TD the ball goes back to the starting line of scrimmage

If there is a turnover the ball stays with the offense but goes back to the starting line of scrimmage

There will be no refs so please designate a coach from each team to blow the play dead and spot the ball. Please use a quick whistle. Offensive Coach blows the whistle.

If you do not want your QB hit please have him wear a red pinny and remind the defense. Blow a quick whistle and don't have him run.

Please clean-up any water bottles / trash after we are done

All parents / spectators must be outside of fence and in the stands