



# McKinney Ice Hockey Club

## McKinney Ice Hockey Club Early Intervention/Redirection from Illegal Drugs and Prohibited Substances Policy

### Inside

Purpose of the policy .....	1
Illegal drugs and prohibited substances .....	1
Consent certification (part of Player Code of Conduct and Parent Code of Conduct) .....	2
Testing procedure.....	2
Prescription medications .....	3
Possession of prohibited substances .....	3
Refusal to test.....	3
Consequences for testing positive.....	3
First offense .....	3
Second offense .....	4
Third offense .....	4
All other offenses.....	4
Assessment/Counselor guidelines.....	4
Request for a re-analysis of test .....	5
Maintenance of records.....	5
Notification of parents/guardians.....	5

## Purpose of the policy

**McKinney Ice Hockey Club (MIHC)** has recognized that observed and suspected drug use and abuse has increased among the general middle school and high school student population. MIHC seeks to provide a safe, drug-free hockey organization and to deter the use of illegal and prohibited drugs among its players. MIHC recognizes that individuals who use illegal and prohibited drugs pose a threat to the health and safety of themselves, other players, coaches, and other persons. Therefore, MIHC has a zero-tolerance policy regarding the use of illegal drugs and other prohibited substances.

MIHC is concerned about the health, safety, and well being of their players as well as players' emotional, physical, and social well being. Coaches cannot succeed in their efforts when players are not mentally or physically at their best. Players who regularly or periodically use prohibited drugs or illegal substances cannot come to practices, games, or other events with the proper physical or mental attitude to participate successfully. Coaches in MIHC feel that illegal drug or illegal substance use among players has a negative impact on their ability to concentrate and excel in their sport.

### **This policy is *not* intended to:**

- Enforce current state or federal laws.
- Limit the Board's ability to discipline more severe instances of misbehavior.
- Penalize a player on prescription medications used according to a doctor's orders.

Participation in McKinney Ice Hockey Club (MIHC) activities is a privilege. All players on any MIHC hockey teams, assistant coaches, and coaches shall be subject to this policy, which includes mandatory periodic testing for the presence of illegal drugs and prohibited substances. MIHC has the right to search players' belongings for illegal drugs and prohibited drugs during MIHC-sanctioned activities. This policy is separate from those of any other hockey governing body.

## Illegal drugs and prohibited substances

The following prohibited substances are subject to this policy:

- Drugs that an individual may not buy, possess, use, sell, or distribute under either federal or Texas law. Such drugs include, but are not limited to: marijuana, opiates, cocaine, phencyclidine, amphetamines, barbiturates, benzodiazepines, methadone, methaqualone, propoxyphene, hallucinogens, steroids, and/or their metabolites.



- Illegal performance-enhancing drugs (i.e. steroids)
- All prescription drugs without proper authorization
- All prescription and over-the-counter drugs used in an abusive manner

## **Consent certification (part of Player Code of Conduct and Parent/Guardian Code of Conduct)**

All players on MIHC teams must sign a consent certification (part of the Player Code of Conduct), which includes drug testing. The player's parent/guardian must also sign a consent certification (part of the Parent/Guardian Code of Conduct), which includes granting permission to MIHC to conduct drug testing in accordance with this policy. Note that this policy includes unannounced drug testing at MIHC- sanctioned activities.

This policy shall be distributed to every player on MIHC teams. This policy is part of the Player Code of Conduct and the Parent/Guardian Code of Conduct.

## **Testing procedure**

Every MIHC player will be tested in order to participate in any MIHC-sanctioned activities. After completing the initial mandatory testing, all players will be subject to additional periodic tests. Players entering our organization following the initial mandatory testing will be tested upon joining the team. Testing shall be done in accordance with accepted practices and procedures as established by MIHC, which reserves the right to alter and amend the procedures as necessary or appropriate.

Player privacy shall be protected to the maximum extent reasonably possible during collection. Records of test results shall be kept confidential and provided only to the MIHC Sportsmanship Committee chair, MIHC President, and personnel responsible for administering the program.

The procedure for testing with test kits in accordance with this policy shall be as follows:

1. Every player will be tested annually upon entrance into our organization. After initial testing, players will be periodically tested.
2. A Board-designated administrator (Avenues Counseling Center McKinney Texas.) shall administer the test. The sample to be tested shall be obtained in an MIHC-approved designated facility that provides reasonable privacy for the player.
3. The drug-testing administrator shall notify the Sportsmanship Committee chair and/or President of any positive results. All specimens that test positive shall be retained until the parents/guardians indicate whether they wish to



have the specimen re-tested. As soon as possible, the Sportsmanship Committee chair shall notify the parents and coach responsible for implementing the consequences as outlined in this policy. The Sportsmanship Committee chair will schedule the meeting with parents, player, coach, and President (or designated Board member). (See Request for a Re-analysis section below.)

## **Prescription medications**

If a player who tests positive is taking prescription medications according to a doctor's orders, the parent shall verify the prescriptions within 14 days. The player shall be eligible to play during this period. Upon verification, the player shall be considered as having tested negative. Should the parent/guardian not be able to confirm that the player was taking a prescribed medication at the time of the test; the player shall be subject to the appropriate consequence set forth below.

## **Possession of prohibited substances**

**Possessing any prohibited substance will be considered as a positive test.**

## **Refusal to test**

Each time a player refuses or is not present during a drug test with out informing the coaching staff or team manager beforehand, he or she shall be subject to the consequences of a positive test at the appropriate step.

## **Consequences for testing positive**

All offenses are cumulative throughout participation in MIHC.

### **First offense**

The Sportsmanship Committee chair shall hold a confidential meeting with the player, parent/guardian, coach, and President (or designated Board member). At the meeting, the Sportsmanship Committee chair shall explain the drug testing procedures.

The consequences shall be as follows: The player has 14 calendar days to engage the services of a qualified counselor and still remain eligible to play (see Assessment/Counselor Guidelines below.) However if the player has not engaged a counselor after 14 days, he or she will be suspended from the team until doing so.



### **Second offense**

The Sportsmanship Committee chair shall hold a confidential meeting with the player, parent/guardian, coach, and President (or designated Board member). At the meeting, the Sportsmanship Committee chair shall explain the drug testing procedures and the policy of MIHC regarding a second offense. The consequences shall be as follows:

1. The player will be ineligible for all MIHC activities for 45 calendar days beginning the day of the notification of a positive test.
2. The player must complete an approved assessment by a qualified counselor (see Assessment/Counselor Guidelines below).
3. The counselor will notify the Sportsmanship Committee Chair when the player has completed recommended counseling sessions. The player can continue to play as long as he/she has completed their 45-calendar-day ineligibility.

### **Third offense**

The Sportsmanship Committee chair shall hold a confidential meeting with the player, parent/guardian, coach, and President (or designated Board member). At the meeting, the Sportsmanship Committee chair shall explain the drug testing procedures and the policy of MIHC regarding a third offense. The consequences shall be as follows:

1. The player will be ineligible for all MIHC activities for 90 days beginning the day of the test.
2. The player must complete an approved assessment by a qualified counselor (see Assessment/Counselor Guidelines below) and complete the program recommended by the counselor.

### **All other offenses**

Any further offenses will result in a one-year suspension beginning the day of the notification of a positive test. The player must complete an approved assessment by a qualified counselor and complete the program recommended by the counselor.

## **Assessment/Counselor guidelines**

MIHC- designated administrator can provide a list of certified chemical dependency counselors. This list is available on request but is not an endorsement of those counselors or a mandate that a counselor on the list be used. In order for a counselor to be approved to assess and treat a player, he/she must minimally be a Licensed Chemical Dependency Counselor. The assessment must include a written recommendation for treatment that is presented to the parents. The parents must



present a copy of that recommendation

to the MIHC Sportsmanship Committee chair. Any cost for the assessment or any treatment shall be the responsibility of the parents and/or the player.

### **Request for a re-analysis of test**

At his/her expense, a parent/guardian may have a re-analysis of the original specimen performed by a certified drug-testing laboratory of his/her choice. The request for re-analysis must be made during the initial notification meeting. The parent/guardian must indicate which laboratory will be used for re-analysis so MIHC can provide the lab of choice with a portion of the original specimen. The player will remain under offense status while the re-analysis process occurs.

### **Maintenance of records**

All results of drug testing shall be confidential. Procedures for maintaining confidentiality will be developed by MIHC. The Board shall maintain records of positive tests in a secure location. This information will not be available to anyone other than the appropriate Board members, coach, and parents. Upon departure from MIHC, this information will be destroyed by means such as shredding. Under no circumstances will this information become a part of the player's file, nor will it be sent to another organization.

### **Notification of parents/guardians**

Parents/guardians will be notified as quickly as reasonably possible by the Sportsmanship Committee chair and/or President in a confidential manner of all positive test results. Parents/guardians will also be notified when their player has been tested and the result has been negative.

