



The Hills Lacrosse Club



of Green Brook, Long Hill, Warren, and Watchung

Coaching Requirements

US Lacrosse Membership (1-year membership) – All coaches must obtain their own US Lacrosse Membership in order for them and The Hills Lacrosse club to be covered by the US Lacrosse Insurance. Membership is done on-line at www.uslacrosse.org Your email receipt listing your US Lacrosse Membership number is required to be submitted every year to the Hills Lacrosse Club.

Rutgers S.A.F.E.T.Y. Certification (1-time certification) – Warren and Watchung Recreation Departments offer fee courses for Warren and Watchung residents. Residents from other towns may take the course for \$30 and the cost will be reimbursed by the Hills Lacrosse League. The course is offered two to three times a year and is announced on the Warren Township Recreation website (<http://www.warrennj.org/wtrec>- click on the *For Coaches* tab on the left hand side) and will also be e-blasted all registered volunteers. A copy of your Rutgers S.A.F.E.T.Y card needs to be provided as proof of certification prior to coaching on a Warren Township field. If you have lost your card, a new one can be obtained by contacting Rutgers directly at: <http://youthsports.rutgers.edu/services/services/replace-a-missing-card>

Fingerprinting and Criminal Background Check (3-year certification) – The initial check must be within the past 3 years through Morpho-Trak (formerly Sagem Morpho). If you have had Morpho-Trak run fingerprinting and criminal background check for another organization in the past 3 years then you need to provide the Warren Recreation Department a copy of the letter that organization received from the State Police indicating you passed. The Hills Lacrosse Club will reimburse you the initial cost of your Morpho-Trak fingerprinting and criminal background check.

When the initial background check expires the Hills Lacrosse Club will re-run your background check through one of the Warren Recreation approved companies.

Complete instructions and forms for the initial check can be found on the *For Coaches* tab on the left hand side of the Warren Township Recreation site: <http://www.warrennj.org/wtrec> (Note: when filling out the form please put “The Hills Lacrosse Club” in Box 8 Miscellaneous)

CPR with AED training (2-year certification) – Warren Township requires at least one coach on the field to be certified in CPR with AED training in order for a practice or game to be held. The Hills Lacrosse club would like all coaches to be certified with this training. Throughout the year coaches will be notified of upcoming trainings and the Hills Lacrosse Club will organize several training opportunities. The Hills Lacrosse Club will reimburse up to \$25 of the training cost. A copy of your current CPR with AED training card must be provided to the league.

US Lacrosse Level 1 Certification (girls league coaches only – 1 time certification) - We are required to submit to the New Jersey Junior Lacrosse League a list of our coaches with their US Lacrosse Numbers for verification. In addition coaches will be required to show/wear their Level 1 Certification credentials during games (note this is a phase in policy please see below for specifics)

The Level I Certification comprises of 3 components and coaches must complete all 3 components in order to be certified. The Hills Lacrosse Club will reimburse these costs. The on-line portion and the location for the in-person sections can be found under the *Coaching, USL Coaching Education Program* at www.uslacrosse.org :

- 1) US Lacrosse Level 1 on-line course (\$25)
- 2) US Lacrosse Level 1 instructional clinic (\$65)
- 3) Positive Coaching Alliance (PCA) Double-Goal Coach either on-line or in-person (\$25)

Obtaining the Required Certification Credentials that must be presented prior to officials prior to the game:

- 1) Once all three CEP components are complete, submit the “Educational Portfolio” paperwork to US Lacrosse.
- 2) Upon confirmation of a completed CRP Portfolio from US Lacrosse, complete a background check through the National Center for Safety Initiatives (this is separate from the Morpho-Trak fingerprinting and criminal background check and The Hills Lacrosse will also reimburse this \$35)

***NJJGLL Phase-In of Level 1 Certification**

- 2011: 7/8 Senior Travel - head coaches
7/8 Senior Select – all coaches
5/6 Junior Select – all coaches
2012: 5/6 Junior Travel – head coaches

3/4 coaches are strongly encouraged to take the Level 1 on-line and the Positive Coaching Alliance portions. Coaches that have never played lacrosse are encouraged to take an instructional clinic.