



MOORESTOWN CREW

Mission

Moorestown Crew is a club level rowing team for Moorestown High School students. Our mission is to:

1. Teach students the sport of rowing
2. Create and sustain a safe and rewarding program that properly focuses on the development and inclusion of all participants while offering competitive opportunities.
3. Help foster the lifelong values of perseverance, teamwork, personal physical growth, and individual leadership skills.
4. As part of program sustainment and advocacy, engage in a variety of community outreach initiatives to educate and recruit potential new club members.

Our club will pursue this sport with joy, passion and focus. It will also provide positive role models for our athletes through effective mentoring, coaching and parent/student leadership.

Beliefs

- We believe students are our highest priority.
- We believe the dignity, worth, and self-esteem of participants should be paramount in all athletic activities.
- We believe the most important result of competition is the development of life-long values (such as fair play, sportsmanship, teamwork, and respect) and (technical, physical, and mental) skills.
- We believe open communication and mutual respect among coaches, parents, and athletes provide the foundation of a successful athletic program.
- We believe high school athletics should be safe, fun and rewarding.
- We believe athletic programs are most beneficial when they are competitive.
- We believe in physical fitness, mental discipline, and balanced well being.
- We believe winning is an attitude resulting from optimum preparation, concentrated effort and a deep commitment to excel.
- We believe that rowing is the ultimate team sport because each rower's individual effort must harmonize with the other rowers to create a smooth, fast boat.
- We believe encouraging teammates, learning from veteran athletes and respecting the authority of team captains.
- We believe in winning as a team and losing as a team.
- We believe well-designed athletic programs promote community and school pride.



MOORESTOWN CREW

- We believe morale, satisfaction, and performance are enhanced when athletes work together as a team.
- We believe well qualified coaches and program administrators are important components in a successful athletic program.
- We believe in focused commitment to our sport. This includes 100% participation in practices and regattas.
- We believe parent support and positive involvement enhance student growth and program quality.

Vision

Our commitment to our Mission and Beliefs includes summer camp programs, fall instructional programs and a 2-month fall season, all of which are optional. Our main season lasts from January to May and requires a significant commitment of time (including during Spring Recess) and effort on the part of all rowers, coxswains, coaches and parents.

We enter boats in the novice, freshman, lightweight, junior varsity and varsity events. We attempt to place every rower and coxswain into 1 race at each regatta. We will provide a developmental experience for those rowers and coxswains not yet ready to be placed in competitive boats as well as the opportunity for competitive boats to excel. Movement between developmental and competitive boats may be fluid and ever-changing during the regular regatta season, but less so as we move toward the larger regattas toward the end of the season.

All MHS students are welcome to tryout for the team. Moorestown Crew will retain all student-athletes who show sufficient ability and dedication and the proper attitude and behavior, within the confines of limits on the size of the squad.

We will make every attempt to keep the financial cost of participation at the lowest level while:

1. Maintaining or improving the level of coaching,
2. Maintaining the appropriate amount and quality of the equipment required to meet our Mission, Beliefs and Vision,
3. Anticipating athlete and family participation in fundraising efforts
4. Maintaining the Regatta Day experience for the athletes and their families, and
5. Maintaining an appropriate reserve for future years

Our coaches will encourage graduating athletes to continue their rowing during their college experience and will assist athletes in their communication process with those colleges and university programs they might pursue.