

**INFORMED CONSENT/ACKNOWLEDGEMENT AGREEMENT  
DUXBURY DRAGON CHEERLEADING**

**Cheerleading is a vigorous, physical activity involving motion, rotation and height in a unique environment and as such carries with it a higher than ordinary risk of injury. Be advised that serious, catastrophic injury, paralysis or even death could occur particularly if a participant were to land on his/her neck, head or back!**

**Acknowledgment:** I understand that cheerleading is an activity which may involve airborne inversion of the body and therefore there is an increased potential that any one of the routines involving my child's participation could lead to serious injury, paralysis or even death.

**Involvement of Gymnastics and Stunts:** I understand that my child is required to be in good physical shape and condition and that the activities in which he/she will be asked to participate are strenuous and require physical and athletic agility and focus. I also understand that these activities include, but are not limited to, a variety of gymnastics maneuvers, including somersaults, back handsprings and aerials; that there will be a variety of mounts, tosses and stunts requiring coordination of more than one participant on the squad; and that these activities will not be confined to one site or venue, but rather will involve a variety of sites or venues throughout the season.

**Physical Ability/Health Status:** I represent to you that, to the best of my knowledge and belief, my child has no physical, medical or mental disability or other limitation that would restrict his/her ability to fully participate in this activity. My child has been examined by a physician prior to participation in this activity. I also agree to notify the program/coach in the event of any change in my child's health status, especially when determined by the treating physician. I have listed my child's medical concerns, pertinent medications and allergies on the medical part of the registration form.

**Agreement:** I agree to, and by signing this agreement, release the coaches, advisors, volunteers and staff of Duxbury Dragon Cheerleading and the Board of Education from any claim of negligence by myself, my child, my heirs, executors and assigns, from any liability arising from claims of damages for injury to my child and any claims for loss of or damage to his/her property which may arise out of his/her participation in this program for this season.

**Parents of participants 11 years of age and older:** I agree to have a Baseline ImPact test administered by Tim McPhillips at DHS to my son/daughter before practice begins in August.

**Consent: I, \_\_\_\_\_ (parent/guardian name), parent or legal guardian of \_\_\_\_\_ (child name), give my permission to participate in the Duxbury Dragon Football and Cheerleading program.**

\_\_\_\_\_ (parent/guardian signature) \_\_\_\_\_ (date)

**\*\*\* Any further questions, please contact a coach or coordinator. Thank you.**

**\*\*\* Please go to google then images and look for cheerleading pyramids for visuals. We will only build age-appropriate stunts that are 2 people high.**