

2016 Summer Programs



ST. PAUL CATHOLIC
HIGH SCHOOL

St. Paul Catholic High School
1001 STAFFORD AVENUE
BRISTOL, CT 06010
860-584-0911
WWW.SPCHS.COM

REGISTRATION FORM

Name: _____
Street: _____
City: _____
Number of Sessions: _____ Amount Enclosed: _____ Check #: _____
School: _____ Entering Grade: _____
Home Phone: (____) _____ Cell Phone: (____) _____
Emergency Phone: (____) _____ Name of Contact: _____
List Sessions Attending: 1. _____ 2. _____
3. _____ 4. _____

Please send completed form and a check payable to **St. Paul Catholic High School**

1001 Stafford Ave. - Bristol, CT 06010

Sessions will be based upon sufficient enrollment.

Academics

WRITING THE COLLEGE ESSAY

SESSION #1 - JUNE 20 - 24

SESSION #2 - JULY 18 - 22

SESSION #3 - JULY 25 - 29

MON. - FRI; 9:00 A.M. - NOON

GRADE 12 (RISING SENIORS) • \$50

This workshop, instructed by English teacher Meghan Whitlock, is geared toward rising seniors who will begin writing their college admission essays.

The course will teach students how to respond to common college essay questions and will focus on developing students' ideas into an effective piece of writing. Students will also read and analyze sample college essays to discuss the positive and negative aspects of the sample writings. In addition, students will receive one-on-one instructional time with the teacher in order to edit and revise their college essay.

Theater

ST. PAUL PERFORMING ARTS BROADWAY BOOT CAMP

MON. - FRI; JULY 11 - 15

9:00 A.M. - NOON

GRADES 4 - 8 • \$135

The theater provides opportunities for kids to be creative, gain confidence, and learn the value of teamwork. Our summer theater camps are a wonderful way to experience the thrill of the stage! This highly successful program is celebrating its 10th year under the direction of Emmy® Award Winner and Tony® Award Nominee, Mark Mazzarella.

Working with a team of experienced teachers, students explore distinct challenges of the musical theater genre through survey work with songs, characterizations, vocal work and choreography.

With a specific focus on audition preparation, students learn to develop characters through both singing and acting. Working on short scenes and monologues, students learn how to impress directors and audiences alike in this audition-themed workshop. All are welcome to join whether you have experience or are a first timer.

Athletics

LADY FALCONS BASKETBALL CLINIC

MON. - THURS; JULY 11 - 14

6:00 P.M. - 8:30 P.M.

GRADES 5 - 9 • \$85

St. Paul Girls Head Basketball Coach, Joe Mone aims to create a fun, yet productive learning environment. Our clinic specializes in training girls in the fundamentals of basketball.

The Lady Falcons Clinic was founded with the idea of giving girls a special place to learn all facets of the game of basketball.

Focus is put on ball handling, passing, and shooting skills. Activities include station work, games, competitions and drills.

ST. PAUL FOOTBALL CONDITIONING CLINIC

MON. - THURS; JULY 25 - JULY 28

5:00 P.M. - 7:30 P.M.

GRADES 7 - 8 • \$50

Join Falcon's Head Football Coach, Jude Kelly, Asst. Coach, Bob Beltrande and Strength & Conditioning Coach, Joe Cianciolo for a pre-season speed and conditioning camp for 7th and 8th graders. Emphasis will be on flexibility, speed, agility with some work on basic football fundamentals, helping to prepare players for their upcoming season.

(most youth football programs start August 1)



ST. PAUL LACROSSE ACADEMY

MON. - FRI; AUGUST 1 - AUGUST 4

8:45 A.M. - 11:45 A.M.

GRADES 4 - 9 • \$100

The goal of the St. Paul Lacrosse Academy is to instill confidence, teamwork and leadership abilities in all of its athletes. St. Paul Boys Lacrosse Head Coach, Chris Kennedy offers fundamentals of lacrosse instruction in the areas of stick work, dodging, shooting, ground balls and goalie techniques. Our experienced staff will build on the age appropriate skills taught in our drills and incorporate those skills into fun and exciting competitions as well as scrimmage situations. Every athlete will receive a St. Paul Lacrosse Academy Shooting Shirt as well as the chance to compete for daily prizes and giveaways.

ST. PAUL SHOOT FOR SUCCESS BASKETBALL CLINIC

MON. - THURS; AUGUST 8 - AUGUST 11

8:45 A.M. - 11:45 A.M.

BOYS & GIRLS GRADES 4 - 9 • \$125

Under the direction of St. Paul Boys Head Basketball Coach, Steve Phelps, our program helps children gain an improved positive attitude, a greater appreciation for good moral values, and a better understanding of the keys that will lead to their own success. The players will experience various stations, specializing in fundamental skills and the team concept of basketball.

Groups will be small to assure that each player will receive personalized instruction from our outstanding coaches.