

MUSC U10 In-House Rec / E Division Guidelines

- ★ Size 4 ball
- ★ 30 minute halves with 10 minute halftime
- ★ Players are checked for proper footwear, shin guards, and jewelry.
- ★ Shin guards are mandatory. They must be worn under and be completely covered by the socks.
- ★ Cleats are recommended. No baseball cleats. No metal cleats. Sneakers are acceptable.
- ★ Players may wear nothing that, in the opinion of the referee, is unsafe. (Jewelry is not allowed, including bracelets, necklaces, and earrings. They need to come off, tape is not allowed unless it is to cover a medical bracelet.)
- ★ Total of eight players (7 players and 1 goalie) per team. If a team is short players, each team must start with an equal number of players.
- ★ Referee chooses which team gets ball first and other team has choice of goal by a coin flip.
- ★ There is absolutely **NO SLIDE TACKLING** in the E Division!
- ★ Penalty kicks, as needed, are taken from the top of the penalty box NOT at a penalty spot.
- ★ Referees should explain all calls to the players. Coaches may ask referee questions after the games end.
- ★ Play stops on an injury. As soon as the whistle stops play, a coach may be called onto the field to tend to the injured player. If play stops and a coach comes onto the field, the player must be substituted and remain off the field until the next substitution opportunity.
- ★ No second chance will be awarded on throw-ins. Referee will instruct on what was done incorrectly and how the player should make it right in the future.
- ★ Offside will be called if, in the discretion of the referee, the player is significantly offside to gain an advantage or is directly involved with the play.
- ★ Substitutions are allowed on any stoppage of play.
- ★ When a 5-goal differential is achieved coaches must take action to prevent the score from running up and allowing the other team to score. This may be accomplished by removing a player or players from the leading team, making positional adjustments, or other suitable techniques. If the coaches do not take action to correct the scoring differential the division commissioner may intervene and direct what action is to be taken.
- ★ All problems, with players, coaches or parents will be directed to the division commissioner for action. Referee discretion must be used to decide if a problem needs immediate attention or can wait for halftime or end of the game.

E Boys Commissioner: e-boyscom@musc.org

E Girls Commissioner: e-girlscom@musc.org