

**Central Eastern Connecticut Athletic Association, Inc.
dba RHAM Youth Lacrosse
P.O. Box 105
Hebron, CT. 06248
www.rhamyouthlacrosse**

Attn: Coaching Committee

Dear Prospective Coach:

We are in the process of filling the head and assistant coaching positions for the 2012 spring season. This application is for new as well as returning coaches. No one will be considered for a coaching position without a current application on file.

We want to thank you for your interest in coaching. In addition to the application form, you may submit any additional information, comments and suggestions that you feel would be helpful to us.

Typically, the deadline to submit your application for any of our head coaching positions is mid-March. Please check our website www.rhamyouthlacrosse.com for more information.

There is no deadline to submit applications for assistant coach positions, but submitting your application as early as possible will help our organization plan for the coming season.

Returning coaches must also submit a new application to be considered for the current season.

Thank you,

RHAM Youth Lacrosse Board of Directors

Name: _____ **Phone:** (____) _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

E-mail: _____

Position Applying For: _____

Coaching Experience: _____

Have you ever played the game of lacrosse? (If so, number of years and levels played) _____

Do you have any other coaching experience? (If so, list activity and years and levels coached) _____

Do you have any formal or informal coaching training? (Coaching clinics, coaching courses) _____

Current Certifications that may apply: _____

Youth Coaching Philosophy: _____

Our organization requires all house team players equivalent playing time and competitive team players reasonable playing time. Explain how you would

manage the playing time mandates as required by the League for the players:_____

Have you ever been disciplined by a youth organization as a coach or a parent? If yes, please explain:_____

Please list 2 references that we may contact who will be able to discuss your relevant coaching experience and philosophy: _____

RHAM Youth Lacrosse Coaching Acknowledgements

Please initial next to each of the following statements to indicate your understanding and agreement.

_____ All coaches are required to be members of US Lacrosse and that this will be checked as part of my online registration with this organization.

_____ All coaches are required to complete Level I on-line coaches certification prior to the start of the season.

_____ All coaches are required to be CPR and first aid certified. This certification needs to include training in the use of an AED (automated external defibrillator). I understand that the organization will provide this training.

_____ All coaches are required to be trained in the recognition of symptoms that may be associated with a concussion. Coaches are required to follow the recommendations and guidelines of US Lacrosse regarding players that exhibit these symptoms. I understand the organization will provide this training.

_____ I understand the organization is attempting to make AEDs available on each sideline during a practice or game. I understand that I may need to pick an AED up at a storage location if traveling to another town or for some practice locations.

_____ I may be required to undergo a background check. I understand that adverse findings on my background check may disqualify me, at the sole discretion of the organization, from coaching.

_____ I have read a copy of the CECAA, Inc. coaching philosophy document that is intended to become part of this application.

CECAA, INC.
RHAM YOUTH LACROSSE COACHING PHILOSOPHY

1. At the recreational and development level, coaches should be sure that every player plays an equal amount of time in games.
2. The focus is on learning and development, and every player, regardless of inherent skill, should be given equal opportunities to learn and develop in ways that only game situations provide. Also, equal playing time ensures full Emotional Tanks for all - an essential consideration that should be a big focus in recreational and developmental leagues. Full Emotional Tanks in these leagues will foster progression up the ladder. At this level, the scoreboard is decidedly secondary.
3. At the competitive and elite levels, to suppose that all players will play an equal amount of time is unrealistic. Positive Coaching at these levels does not necessitate equal playing time. What is essential is that all players play at some point (e.g., Blowout games in which your team is way ahead or way behind). At these levels, the focus on the scoreboard naturally increases; however, this must not obscure the larger goal of the development of character.

There are four common characteristics of "successful" lacrosse coaches.

- Coaches have Defined Purpose and Motivation. The coach communicates clear purpose and objectives to his/her players.
- Coaches have Skill Competence - The coach has a competent knowledge of the game and able to translate those skills appropriately to players.
- Coaches are Relational- All players matter. Demonstrate that all players matter through emphasizing respect for self, teammates, opponents, officials and others by "Honoring the Game." The game's richness has been founded on the premise that the "whole is greater than the -sum of its parts" - that the collaborative relationship of all players on the field makes for successful performance and overall satisfaction.
- Coaches possess Good Character - The coach is a powerful role model and therefore models high standards of conduct and values in his or her own life.