

Equal Time Recommended Substitutions

6 Players with 40 Minute Games

Player 1: _____

Player 2: _____

Player 3: _____

Player 4: _____

Player 5: _____

Player 6: _____

<u>Time Remaining</u>	<u>6 Players</u>					<u>On Bench</u>
20:00	1	2	3	4	5	6
16:40	2	3	4	5	6	1
13:20	3	4	5	6	1	2
10:00	4	5	6	1	2	3
6:40	5	6	1	2	3	4
3:20	6	1	2	3	4	5
20:00	1	2	3	4	5	6
16:40	2	3	4	5	6	1
13:20	3	4	5	6	1	2
10:00	4	5	6	1	2	3
6:40	5	6	1	2	3	4
3:20	6	1	2	3	4	5