

# PRO SHOT SHOOTING SYSTEM BASKETBALL CLINIC



**Location:** Morton High School

350 N Illinois Ave, Morton, IL 61550

**Date:** Sunday, October 22, 2017

**Time:** 1:30 – 4:30pm

Registration will be open to Morton Heat and Heat Lite players 3rd – 6<sup>th</sup> grade through October 11, at which time any remaining openings will be open to anyone in grade 4-6.

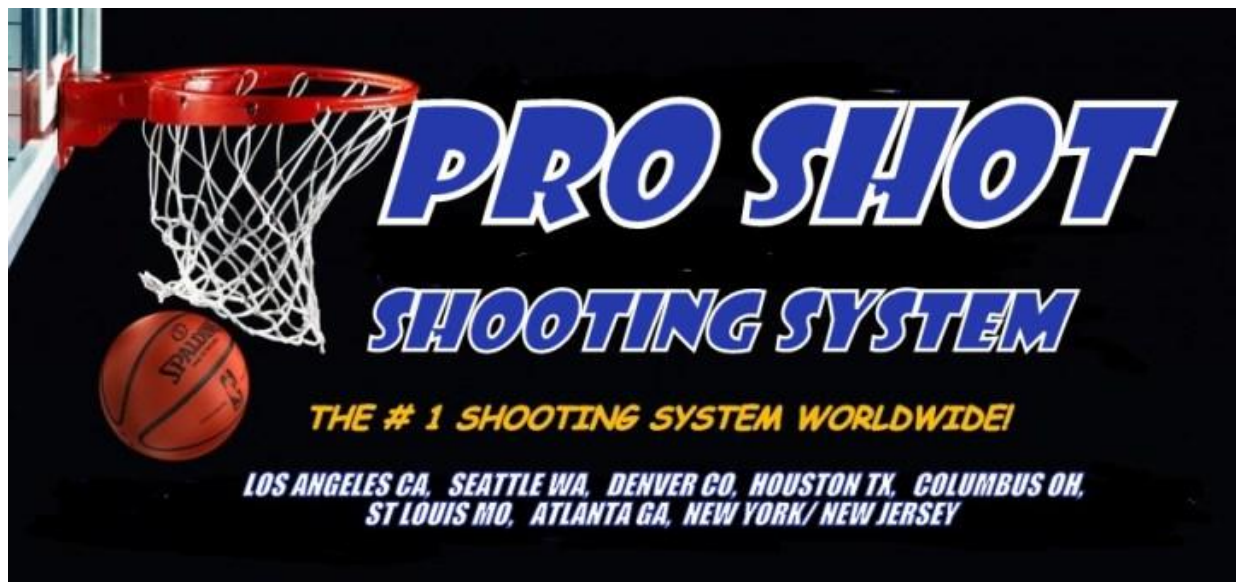
Registration is limited, so please sign up and reserve a spot early.

Cost: \$35.00

Questions? Contact: Dave Kraft 309-369-1863 [krafty-one@comcast.net](mailto:krafty-one@comcast.net)

**LEARN THE TECHNIQUES OF THE BEST SHOOTERS IN THE WORLD!!!**

*Finger Offhand Rhythm Eyes Sweep & sway Turn*



**THE PRO SHOT SHOOTING SYSTEM IS A SHOOTING PROGRAM BASED ON BIOMECHANICS AND MENTAL FOCUS. THE SYSTEM WILL GIVE PLAYERS AND TEAMS IMMEDIATE ACCESS TO THE TECHNIQUES USED CONSISTENTLY BY THE WORLD'S TOP SHOOTERS, DRAMATICALLY IMPROVING ACCURACY AND RANGE IN A MATTER OF HOURS. AT PRO SHOT, SEEING IS TRULY BELIEVING!!!**

**INSTRUCTION FEATURED AT EACH CLINIC:** *70% On Court Instruction & 30% "Classroom" Instruction (with Video presentation)*

- The FINGER Release
- Use of the OFFHAND
- RHYTHM using the DIP
- RHYTHM using the HOP
- The role of the EYES in shooting a basketball
- the reason for the SWAY and it's usage
- The TURN and it's role in Alignment of the shot and the shooter

**HERE IS WHAT EACH PLAYER WILL RECEIVE AT A PRO SHOT CLINIC:**

- A SYSTEMATIC APPROACH TO SHOOTING PRACTICE THAT ALLOWS EACH PLAYER TO SELF CORRECT
- PASSIONATE & ENERGIZED TEACHING & COACHING INSTRUCTION
- VIDEO DEMONSTRATION OF TEACHING POINTS BY COLLEGE AND PROFESSIONAL LEVEL ATHLETES
- FUNDAMENTAL SKILLS THAT PROVE EFFECTIVE AT ANY & EVERY LEVEL
- A MORE COMFORTABLE & EFFICIENT JUMP SHOT
- TECHNIQUES THAT SHOW RESULTS IN A MATTER OF MINUTES

**EACH PARTICIPANT WILL GO HOME WITH:**

- IMPROVED CONFIDENCE IN SHOOTING
- A BETTER UNDERSTANDING OF SHOOTING FUNDAMENTALS
- ABILITY TO CORRECT/CRITIQUE THEIR OWN SHOOTING FORM
- A RENEWED MINDSET ON HOW TO ACCOMPLISH THEIR SHOOTING GOALS

### Additional information:

Twitter - @ProShotSystem

Instagram - proshotssystem

YouTube: youtube.com/proshotcoach

Facebook: facebook.com/focusedshooter

[www.proshotssystem.com](http://www.proshotssystem.com)

**[Click here to reserve a spot](#)**