



## CODE OF CONDUCT

As a participant for the NH Jr. Wildcats, you are expected to act with RESPECT. Your actions and behaviors on and off the football field are a direct reflection on the program so we expect that you will act and behave accordingly.

**RESPECT: To pay proper attention to; to show consideration for; to treat courteously**

**DURING ALL WILDCAT PRACTICES, GAMES AND LEAGUE EVENTS, I AGREE TO THE FOLLOWING:**

**1. I WILL RESPECT MY COACHES**

I will listen to my coaches when they are talking.

I will "play the whistle". When the whistle blows, I will stop what I am doing and listen.

I will never talk back to my coaches.

**2. I WILL RESPECT MY TEAMMATES**

I will not fight with or disrespect any of my teammates. I will treat them how I would like to be treated.

I will not push, shove or mess around with my teammates.

I will be on time for all practices, games and events and always give 100% effort.

**3. I WILL RESPECT MY EQUIPMENT**

I will take good care of my equipment and uniform.

I will not throw or intentionally damage my equipment or uniform.

I will never sit on my helmet. I will take a knee. A helmet is not a seat.

**4. I WILL RESPECT MY FOOTBALL FIELD AND FACILITIES**

I will not intentionally damage the football field or any facilities at the field.

I will not drag blocking pads or dummies. I will have a teammate help me carry them.

I will not sit or stand on blocking pads or use them unless instructed by a coach.

**5. I WILL RESPECT MY OPPONENTS**

I will not verbally intimidate or taunt my opponent.

I will let my ability and performance on the field speak for itself.

I will always play within the rules and will not start any fights with opponents.

**6. I WILL RESPECT MYSELF**

I will take care of myself. Eat healthy (avoid junk), drink plenty of water, get plenty of rest.

I will do well in school, act like a gentleman and always treat others with respect.

I will **HAVE FUN** playing football OR cheering for the NH Jr. WILDCATS.

**ALL COACHES AND BOARD MEMBERS OF THE NH JR. WILDCATS WILL ENFORCE THE CODE OF CONDUCT.**

**PARTICIPANTS WITH CONTINUOUS VIOLATIONS AFTER VERBAL WARNINGS MAY BE REMOVED FROM DRILLS, PRACTICE AND/OR GAMES FOR A PERIOD OF TIME DETERMINED BY THE COACHING STAFF.**

**SUSPENSIONS WILL BE DETERMINED BY VOTE OF THE BOARD OF DIRECTORS.**

**SIGNATURE OF PARTICIPANT:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

**SIGNATURE OF PARENT/GUARDIAN:** \_\_\_\_\_

**DATE:** \_\_\_\_\_