



Newburyport Youth Hockey

INSTRUCTIONAL HOCKEY

2013/2014 season

The goal of the Program is to teach girls and boys basic hockey skills while at the same time creating a fun environment for both the children and their parents.

The season begins in September and is capped off by participating in the Larry Fournier Memorial Tournament at the end of February. Games are played at the Graf Rink, Newburyport as are most practices.

Some of the things your player will learn this year:

- 🌀 Starting and stopping;
- 🌀 Skating forward and backward with the puck;
- 🌀 Passing, receiving and shooting the puck;
- 🌀 Cross-over skating (strong-side and weak-side);
- 🌀 Basic elements of the game of hockey; and
- 🌀 Being part of a team, being a good teammate and good sportsmanship.

Required equipment includes: Hockey helmet **with mask**; practice jersey; shoulder/chest pad; elbow pads; gloves; pants; shin pads; socks (can be found at Amesbury Skate and Sport); skates; and hockey stick. Game jerseys are provided by the League.

Registration will take place at the Graf Rink on Saturday, March 30th from 12 pm to 1 pm during the Learn to Play Hockey session. Registration will be capped at 30 players (3 teams of 10). Any registrations received after the initial 30 will be placed on a wait list. Please note: preference will be given to current NYHL families and Newburyport residents before new out of town families are considered. The printable registration form and online registration can be found at www.nyhl.org.

Instructional players **do not** tryout. Your child needs to be at least **5 years of age prior to December 31, 2013.**

The fee for registration is \$175 for each player being registered. Questions can be emailed to directors@nyhl.org.