



# The Vipers Pit...

MARCH, 2010

**You know you  
have been  
bitten when...**

*So you're sitting in  
Lake Placid wondering  
how the weekend will  
end.*

*You lose the first  
game, but turn around  
and then win three deci-  
sive victories in a row.*

*But find out you  
missed the Gold medal  
round by two - Goals  
Against. Ok, Bronze is  
not bad for first year  
travel skaters.*

**Then it happens.**

*How do you fit 8 peri-  
ods of Hockey into a  
single game?*

*Tied at 3 all at the end  
of regulation, you move  
into sudden death Over-  
time with Diminishing  
Skaters.*

*What is that you ask?  
First round of OT is 4  
on 4, next round 3 on 3,  
etc. We did all of them,  
(an then one).*

*Then add a Penalty  
shot and a breakaway by  
the Shoot Out Champion  
(against our proven  
Goalie). And you have  
the essence of Kids  
hockey.*

*Suspense, Parents  
screaming encourage-  
ment, Great shoots,  
Kids crying because  
they won, Kids crying  
because they lost, and  
the most unbelievable  
finish of a game and a  
season!*

**Hooked on Hockey!**

## We just started, and we're done!

Dear Vipers Families,

**T**ime to call it a season, and what an exciting season it was! Congratulations to ALL of our teams for going out playing stronger, faster, and harder than back in September. September feels like just yesterday, hard to believe it was 7 months ago. Even scarier - tryouts are 4 weeks away.

Congratulations to our two teams that went to the NY State Tournament. We are very proud of both teams. **Dean Hall's Peewee AA** team lost a battle to Buffalo in the State Championship game late on a Sunday night in Rome NY. Boys you should hold your heads up high 24 - 0 in State Playdown games and winning all you round robin games and semi-final game at States. This was certainly a season to remember.

As for our **U12 Tier I Girls** team, who would've thought in our first year competing at Tier I we would go undefeated in all regular season games against our NY competition and then finish 4th up in Buffalo. **Nicole Hall** led these girls all season long preparing them for what they would face up at States. The foundation of a strong Tier I girls program is definitely in place.

Then there is our **Squirt B HVHL undefeated League Champions!** These guys started off loosing their first 6 games without even putting a puck in the net. Then coaches **John Moyer, Mike Cookingham, and David Gilmette** broke it down and turned the ship around. These boys earned each and every victory and deserve the title of CHAMPIONS. Well done boys.

We sent two of our teams to the Congressional Cup in Washington DC, three girls teams to the Pony Tail Tournament in Baltimore, and five of our teams up to Can Am in Lake Placid to close out the season. All in all we captured a Gold, Silver, and Bronze in Can Am, and a Silver in both Baltimore and Washington. Not a bad way to end a season.

I am very proud to lead this fine organization and of all of the 17 teams the Vipers fielded this season. After my first year there are things that went well and things, well, that need to be adjusted. I will be working on those adjustments during the off season and hopefully will have them corrected come September. I could not do it alone. I thank the **Executive Committee** (Cindy, Al, Michele, Sherrie, and Joe), my Coaches, my managers, the numerous volunteers, **Dean, Nicole, Kevin, and Shane** - I am part of a great team that keeps the Vipers the elite organization that we are.

**Thanks to all of the parents  
for your continued support.**

As we close out this season it is a time to look back on what we have achieved as players and teammates. It is also a time to start anew. I look forward to seeing all of you at clinics and tryouts and I wish you all a restful offseason. Before you know it August preseason camps will be here and it will be time to hit the ice!

I look forward to 2010 -2011!

*Dave Mensi  
President  
Vipers Hockey*



Photos by  
Bob Wilson

Viper photos  
are still available,  
take a look at

[Viperpix.com](http://Viperpix.com)

Find your  
skater online!



# Sports Plus Pro Shop

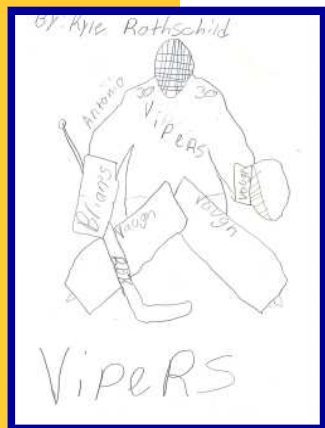
A Special Thanks  
to all the guys in the  
**Sports Plus Pro Shop.**

Always there for that last minute sharpening  
or to replace the screw that just fell out  
of my son's head  
(I meant helmet, - I think)

Fair prices  
Good Gear  
Great knowledge

### The BEST Staff

A BIG Thank you!  
Frankie  
Jeff  
Tommy  
&  
(Welcome Connor)



## Ref's Corner

### JUMBLE

Can you unravel the Jumble?

These two members of Team  
USA led the team's scoring in  
the 2010 Olympics:

IN A B R K R A A F I S L

C Z H A I A R P S E

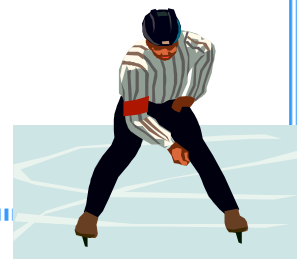
(Answers on Pg 5)

Can you answer this correctly?  
(Answer is on pg 5)

### REF'S CORNER:

True or False:

Any player who body checks, elbows, or  
cross-checks an opposing player "violently"  
into the boards shall automatically be as-  
sessed a major penalty.



# Westchester Vipers Hockey

## Tryouts for 2010 - 2011 Season

**Advance Registration:** Monday April 12, 2010: 6:30pm – 9:00pm  
Wednesday April 14, 2010: 6:30pm – 9:00pm

**Tryout Fee :** \$150 advanced registration (see below)  
\$175 walk-up registration (1<sup>st</sup> tryout session)  
This fee is payable in cash or check made out to “Westchester Vipers”  
This fee is **NON-REFUNDABLE**

Please read the following information carefully. Once you complete the tryout application, you will be asked to acknowledge that you have read these requirements and are willing to comply with them.

### **Registration Procedures**

A **non-refundable** tryout fee (\$150 or \$175) must accompany your registration.

1. If your child played for another youth hockey organization in the 2009-2010 season, a signed USA Hockey release must accompany your registration. Your child will not be allowed to tryout without presentation of a signed release.
2. Registration will only be accepted in person at WSA during the dates and times listed on page 2 of this document. Applications provided by email or those dropped off at WSA will not be accepted.

### **Tryout Procedures**

1. Your child must attend tryouts according to the designated schedule on the following page.
2. Every player will be guaranteed two tryouts. “Cuts” may be made after two tryouts at the Squirt, PeeWee and Bantam level.  
For the final tryout at the Squirt – Midget level, you will receive an email advising you if your child should attend and at what time.

### **Payment and Notification Procedures**

1. Generally within 24 hours of the final tryout at a particular level, you will receive an email advising you that your child has been selected for a team. You will NOT receive an email if your child has not been selected for a team.
2. You will be required to accept or decline the roster spot with a return email immediately. There will not be a grace period.
3. Upon acceptance of the roster spot, you will be required to provide a completed financial agreement form as well as a non-refundable Roster Acceptance Fee of \$1,000.
4. Upon acceptance of an offered roster spot you are responsible full tuition payment even in the event of withdrawal from the program due whether voluntary or due to an injury  
Failure to comply with above payment procedures will result in forfeiture of your roster spot.

### **Teams**

The Vipers will be fielding teams at the Mite, Squirt, Pee Wee, Bantam, Midget, Girls U10, Girls U12 and Girls U14 levels.

1. The Vipers will attempt to structure the Midget schedule to avoid conflicts with high school teams. Midget practices and games will begin in mid-August.  
Mites: As per the New York State Hockey Association 2010 – 2011 season rules ONLY birth year 2002 will be allowed to tryout. All others will be eligible for our cross ice program which will be announced at a later date.

### **Team Money and Tournament Commitment**

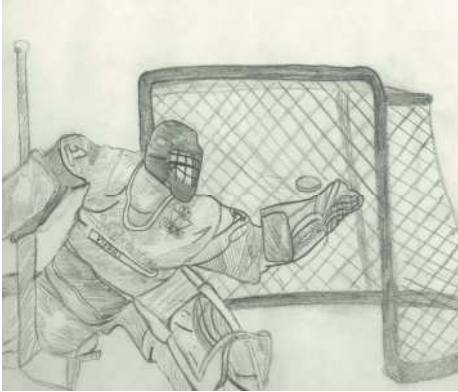
By accepting a spot on a Viper team, you are obligated to pay the required contribution to Team Money and attend all tournaments that your team schedules.

However, because tournaments require additional expenditures of time and money, the Vipers monitor our teams’ tournament commitments.

### **Equipment Requirements**

1. All Mite, Squirt, Pee Wee and Bantam skaters will be required to wear navy blue shells or navy blue pants AND navy blue helmets. (Midget skaters and all goalies are exempt from these requirements).
2. The only decals permitted on helmets will be the Viper logo, jersey number and, for those on high school teams, the school logo.

# Westchester Vipers 2009 – 2010 Tryout Schedules (Subject to Change)



### MITE( 2002's ONLY )

Tuesday April 27, 2010	(A-L)	7:20PM – 8:30 pm
Tuesday April 27, 2010	(M-Z)	8:40PM – 9:50 pm

### SQUIRT ( 2000-2001)

Saturday April 17, 2010	(A-L)	4:10pm – 5:20 pm
Saturday April 17, 2010	(M-Z)	5:30pm – 6:40 pm
Sunday April 18, 2010	(M-Z)	4:10pm – 5:20 pm
Sunday April 18, 2010	(A-L)	5:30pm – 6:40 pm
Tuesday April 27, 2010	(TBD)	7:20PM – 8:30 pm
Tuesday April 27, 2010	(TBD)	8:40PM – 9:50 pm

### PEEWEE

Sunday April 18, 2010	(A-L)	6:50 pm – 8:00 pm
Sunday April 18, 2010	(M-Z)	8:10 pm – 9:20 pm
Thursday April 29, 2010	(M-Z)	7:00 pm – 8:10 pm
Thursday April 29, 2010	(A-L)	8:20pm – 9:30 pm
Saturday May 1, 2010	(TBD)	6:50pm – 8:00 pm
Saturday May 1, 2010	(TBD)	8:10pm – 9:20 pm

### BANTAM

Saturday April 24, 2010	(M-Z)	8:10 pm – 9:20 pm
Wednesday April 15, 2010	(A-L)	5:30 pm – 6:40 pm
Saturday May 1, 2010	(A-L)	4:10 pm – 5:20 pm
Saturday April 18, 2010	(M-Z)	5:30 pm – 6:40 pm
Sunday May 2, 2010	(TBD)	6:50pm – 8:00 pm
Sunday May 2, 2010	(TBD)	8:10pm – 9:20 pm

### MIDGETS

Saturday April 17, 2010	(A-L)	6:50pm – 8:00 pm
Saturday April 17, 2010	(M-Z)	8:10pm – 9:20 pm
Sunday April 25, 2010	(TBD)	6:50pm – 8:00 pm
Sunday April 25, 2010	(TBD)	8:10 pm – 9:20 pm

### GIRLS U10

Thursday April 22, 2010	(ALL)	7:00 pm – 8:10 pm
Saturday April 24, 2010	(ALL)	4:10pm – 5:20 pm

### GIRLS U12

Thursday April 22, 2010	(ALL)	8:20 pm – 9:30 pm
Saturday April 24, 2010	(ALL)	5:30pm – 6:40 pm

### GIRLS U14

Saturday April 24, 2010	(ALL)	6:50 pm – 8:00 pm
Sunday April 25, 2010	(ALL)	4:10pm – 5:20 pm



# The Game Page



## Hockey Trivia

So you think you know Hockey? Lets see...

Can you answer these correctly?  
How did you do last month?

Last Month's Trivia....

Two members of the 2010 Team USA Olympic Hockey Team also played for the 2006 and 2002 US Olympic teams.

Which goalie at the 2010 Olympics, Ryan Miller or

Henrik Lundqvist, had the better save percentage?

Who are they?

Goals against average?

Chris Drury and Brian Rafalski

## All The Answers!

### Jumble Answers

Answers:

INABR KRAAFISL

BRIAN RAFALSKI

CZHA IARPSE

ZACH PARISE



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Do so with an Email to

[vipernewsletter@optonline.net](mailto:vipernewsletter@optonline.net)

Please place **UNSUBSCRIBE** in the "Subject field"

## Refs Corner...

True of False:

Any player who body checks, elbows, or cross-checks an opposing player "violently" into the boards shall automatically be assessed a major penalty.

*False.*

Whether or not the penalty is a major or minor penalty is in the referee's discretion "based upon the degree of violence of the impact with the boards."

