



Lil' Cobras Fun Camp: For the Soccer Stars of Tomorrow!

WHO: Open to all young aspiring soccer players (ages 4-8) looking to have a bunch of fun and learn about proper soccer techniques.

WHAT: This is a "Train like a Champion" 3-day Lil' Cobras Fun Camp and is designed and conducted by Scott Vallow and John Ball of the Rochester Rhinos and staffed by local high school coaches and Cobras FC Coaches with 10+ years of experience.

WHEN/WHERE: February Break- Feb. 15, 16 & 17: 1:00-2:00pm at All Star Sports Arena (557 Ridge Road East).

COST: Only \$20 per participant and fee includes a Lil' Cobras Fun Camp T-shirt. Spots are limited. To ensure participation, please fill out registration form, make checks payable and mail to: Train like a Champion, Inc. PO Box 26457 Rochester, NY 14626.

QUESTIONS: Please email Scott Vallow at trainlikeachampion@hotmail.com with any questions or concerns.

-----LIL' COBRAS FUN CAMP REGISTRATION FORM-----

Participant Name _____ T-shirt size (all youth sizes) xs s m l xl

Address _____ City _____ Zip _____

Parent E-mail _____ DOB _____

Parent/Guardian Name _____

Telephone # _____ Cell # _____

Allergies or physical restrictions _____

Agreement: In consideration of participation in this camp, I acknowledge and understand the following:

Medical attention: I understand that Scott Vallow or the Cobras FC does not offer a comprehensive medical insurance plan. I have checked with my family policy to make sure that the participant is properly covered at this camp. In the event of a medical emergency, I hereby give permission to the physician and procedures selected by the facility to provide customary medical attention, transportation and emergency medical services as warranted during participation of this soccer camp.

Waiver & Release of Liability: I am fully aware and appreciate the risks associated in the participation in a soccer event, including the risk of catastrophic injury, paralysis and even death, as well as other types of damages and losses. I further agree on behalf of myself, my heirs, and personal representatives that Scott Vallow or the Cobras FC are not liable for injury, loss of limb or other loss or damage occurring as a result of participation in this event.

Photos: I give Scott Vallow and the Cobras FC permission to use camp photos in which my child may appear on their web page or other published materials.

I understand and agree to all of the above:

Parent / Guardian Signature: _____ Date: _____