Get ready for playoffs and tryouts with our February Vacation 2 Day MINI CAMP!

12 SPOT’S LEFT! DON’T MISS OUT!

Join SHAYNE TOPOROWSKI for our February Vacation mini camp focused on complete skill development including power skating, stickhandling, shooting and winning battles in open ice and tight spaces. This dynamic 2 day mini camp will include 4 hours of both European and Canadian style drills geared towards taking your ability to compete in game situations to the next level.

February 18th and 19th
10:00AM - 11:50AM

SPACE IS LIMITED!
RESERVE YOUR SPOT AND REGISTER TODAY!

REGISTER ONLINE
OR
REGISTER USING FORM
(Download registration form. Fax or email back)
February Vacation 2 Day Mini Camp
Where: New England Sports Center, Marlboro, MA
When: February 18th and 19th
Time: 10:00am - 11:50am
Ages: 7-15

Day 1
Power Skating, Stride & Speed:
60 Minutes
Focus on the essentials of power skating skills such as stride, edgework, crossovers, proper body positioning, starts and stops and acceleration so players can take their game to the next level with break away speed and the ability to win battles in tight quarters.

Stickhandling, shooting & Puck Control:
50 Minutes
This session will focus on stickhandling, protecting the puck, fakes, dekes, toe drags, change of speed and one on one moves. We will emphasize strong puck control through repetition and help develop dazzling creative stick handling skills through proper hand and body positioning techniques

Day 2
Power Skating, Agility & Quickness:
60 Minutes
Continued focus on the essentials of power skating, edge work, crossovers, proper body positioning as well as work on agility, balance, tight turns, change of direction, backwards skating and quickness that will allow players to raisetheir gamoffensively as well as improve their transition from offense to defense.

Battle Skills:
50 Minutes
Small group battles, intensity, repetition and winning and controlling the puck in open ice and tight spaces.

Players will improve on the following Battle Skills:

Contact Us
Competitive Goals Hockey Training
121 Donald Lynch Boulevard
Marlborough, MA 01752
Phone: 508-624-9191
Fax: 508-624-9192
competitivegoals@competitivegoals.com
www.CompetitiveGoals.com
eric@CompetitiveGoals.com
shayne@CompetitiveGoals.com

Stay In Touch
Twitter: @CompetitiveGoal
• Proper body positioning to win battles
• Gain leverage on your opponent
• Strategies for handling the puck in traffic
• Puck possession: gaining & keeping the puck
• Playing with confidence in tight quarters and along the board

Cost: Skaters - $120