



Martin Luther King Day Defense Clinic!

Join Competitive Goals Hockey and [SHAYNE TOPOROWSKI](#) for our Martin Luther King Day Defense clinic! This dynamic 2 hour clinic will teach both defensemen and forwards the techniques and tactics necessary to become better defensive players. Learn the skills and strategies and how to apply them to be more effective at both ends of the ice.

January 20th
10:00AM - 12:00PM

SPACE IS LIMITED!
RESERVE YOUR SPOT AND REGISTER TODAY!

[REGISTER ONLINE](#)

OR

[REGISTER USING FORM](#)

(Download registration form. Fax or email back)

[MLK Defense Clinic](#)

Where: New England Sports Center,
Marlboro, MA

When: Monday, January 20th

Time: 10:00am - 12:00 pm

Contact Us

Competitive Goals Hockey Training
121 Donald Lynch Boulevard

Ages: 7-14

Defensive Skating Skills:

60 Minutes

This session will focus on the essentials of defensive skating including pivoting, transitions, crossovers, quickness, agility, starts, stops and acceleration.

Positioning, Gap Control & Angles:

60 Minutes

The second hour will focus on applying the techniques of defensive positioning, gap control, body contact, pivoting, angling and transitioning from defense to offense.

Cost: Skaters - \$60



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