



DCU CENTER WORCESTER 2 HOUR MID SEASON CLINIC!

Join [SHAYNE TOPOROWSKI](#) for a 2hr clinic focused on power skating and winning battles in open ice and tight spaces. This dynamic clinic will include both European and Canadian style drills geared towards increasing a players ability to compete in game situations

Sunday, December 8th
1:00PM - 3:00PM

SPACE IS LIMITED!
RESERVE YOUR SPOT AND REGISTER TODAY!

[REGISTER ONLINE](#)

OR

[REGISTER USING FORM](#)

(Download registration form. Fax or email back)

[DCU Mid Season Clinic](#)

Where: DCU Center, Worcester, MA

When: Sunday, December 8th

Time: 1:00pm - 3:00 pm

Ages: 7-15

Power Skating, Stride, Agility and Quickness:

Contact Us

Competitive Goals Hockey Training
121 Donald Lynch Boulevard
Marlborough, MA 01752
Phone: [508-624-9191](tel:508-624-9191)
Fax: [508-624-9192](tel:508-624-9192)

60 Minutes

Focus on the essentials of power skating, edge work, crossovers, proper body positioning as well as work on agility, balance, tight turns, change of direction, backwards skating and quickness

Battle Skills:

60 Minutes

Small group battles, intensity, repetition and winning and controlling the puck in open ice and tight spaces.

Players will improve on the following Battle Skills:

- Proper body positioning to win battles
- Gain leverage on your opponent
- Strategies for handling the puck in traffic
- Puck possession: gaining & keeping the puck
- Playing with confidence in tight quarters and along the board

Cost: Skaters - \$60



Fall / Winter Holiday Schedule

Holiday Break

Thursday and Friday, December 26th & 27th

10:00 AM - 12:00 PM

Cost: \$120

New Years Eve

Tuesday, December 31st - 10:00 AM - 12:00 PM

Cost: \$60

Martin Luther King

Monday, January 20th - 10:00 AM - 12:00 PM

Cost: \$60

February Vacation

Tuesday and Wednesday, February 18th & 19th

10:00 AM - 11:50 AM

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Stay In Touch



Twitter: @CompetitiveGoal



Cost: \$120

ONLY ONE PROMOTIONAL CODE PER CUSTOMER

