



No Limit Hockey Summer Camps Available!!!



Ty Deinema, originally born and raised in Minnesota, is currently the head coach at Southern CT. State University and head instructor at The Skate Factory. The former 2 year Captain at Quinnipiac University has decided to take his knowledge and experience to give back to the game that has given so much to him. The product being *No Limit Hockey*: a new wave to coaching and hockey technology.

What: Week Long Extensive Camp with No Limit Hockey

Where: Northford Ice Pavilion

When: July 20th – July 24th, 2009 from 8 A.M. to 12:30 P.M.

Who: Advanced girls ranging from 8 – 18 years old

Camp will include the following:

- **1 ½ hours on ice training**
-No Limit prides itself on having high coach to player ratios to ensure all players receive the necessary one on one training they deserve.
- **1 hour off ice training**
-Off ice training will include stick handling sessions and dryland training with a licensed trainer.
- **45min Class Room Session**
- Class room sessions will include video and chalk talk to go over questions from on ice session and drills to ensure each player understands the importance of that days lesson.

****CT Polar Bears Players only pay \$250****

Call now for further information and or any questions you may have.



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